

Shevat/Adar I 5784
February 2024

Jewish Review

**Shevat/Adar I 5784
February 2024**

Thank You!

SMMJA

Volunteers

Thankful

Tzedakah

Generosity

Appreciation

Donors

JFT

Lunch Bunch

CSJCC

Yalla

Justice

Chai

Emissary

Tikken Olam

Lion of Judah

L'dor V'dor

Shlichut

Jmoms

Building Jewish Identity

Holocaust Education

Philanthropy

PJ Library

Shliach

Proud To Be

Chavrim Xtreme

Social Services

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Maimonides

Czedakah

Young Jewish Professionals

Jewish Values

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Tree of Life

Jewish Leadership

Pearl Society

Council for Holocaust Education

Tikkun Olam

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Community Relations Committee

Chavrim Xtreme

Gratitude

Jewish Values

CSJCC

Yalla

Gratitude

Thankful

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— Tyne Shillingford '03
Upper School Fine Arts Department Chair

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FEBRUARY 4 – 10
Fifth Annual Jewish Genetic Screening Awareness Week

(see pages 8-9 for more information on Jewish Genetic Diseases and Screening)

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Front Cover



Thank You!
2023 Annual Campaign Donors

JEWISH FEDERATION OF TULSA

MISSION:

The mission of the Jewish Federation is to preserve and enhance Jewish life and well-being in Eastern Oklahoma, Israel, and the entire world. The mission is being addressed by pursuing charitable, humanitarian, cultural, educational, health, and social service needs of the Jewish community as well as by engaging in community relations, outreach, and providing a variety of services to the broader Tulsa community. The Jewish Federation supports the Charles Schusterman Jewish Community Center, The Sherwin Miller Museum of Jewish Art, and Mizel Jewish Community Day School.

VALUES:

Kehila – Community

Fostering a connected and collaborative Jewish community, characterized by respect, empathy, and understanding.

Tzedek – Justice

Continuously improving the quality of life of all Tulsans, as well as our partners in Israel and abroad, through philanthropic giving of our resources and time.

L'Dor V'Dor – From Generation to Generation

Sustaining the culture, traditions, and collective memory of the Jewish people, through innovative intergenerational programming that is meaningful, educational, and fun.



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THE STAFF SCOOP

Proud To Be JFT

Honoring our 2023 Annual Campaign Donors and Volunteers

by Isabella Silberg, Director of Development and Programming

As we reflect on the past year, we are filled with immense gratitude for the unwavering support we have received from our generous community. The 2023 Annual Campaign has been a success, thanks to the incredible dedication and generosity of our donors. Your support has been instrumental in advancing the mission of the Jewish Federation of Tulsa to provide programming, resources, and opportunities that enhance and grow our vibrant Tulsa Jewish community.

Looking ahead, we are excited to announce the kickoff of our 2024 campaign season with the theme of our communal Jewish pride!

Super Sundae on February 18 marks the beginning of our fundraising efforts with our phone-a-thon fundraiser followed by a sundae ice cream social. This event is a crucial cornerstone of our annual campaign, and we invite you to participate by pledging your support for the coming year. Your involvement with Super Sundae sets the tone for the success of our campaign season, and we are counting on your enthusiastic participation through volunteering to make calls and answering the calls when your phone rings. This year's Super Sundae is co-chaired by Noah Bleicher and Marcela Swenson and Ben and Hillary Aussenberg.

Save the date for our Annual Campaign Dinner

on Thursday, April 4, an evening of celebration and community. This event, chaired by the dynamic duo, Kate Basch and Yonatan Schmidt, promises to be a memorable occasion where we come together to reflect on our achievements and set the stage for the year ahead. Your presence and support at the dinner contribute significantly to the continued success of our community-building initiatives.

In closing, we extend our deepest gratitude to each volunteer who has played a part in the success of the 2023 Annual Campaign. Your commitment to the Jewish Federation of Tulsa is a testament to the strength and unity of our community. As we embark on the 2024 campaign season, we look forward to your continued support and partnership in shaping a vibrant and thriving future for our proud Jewish community.

Thank you for being the driving force behind our success!



Isabella Silberg

*“Your commitment to the
Jewish Federation of Tulsa is
a testament to the strength
and unity of our community.”*



UPCOMING EVENTS

Adult Hebrew Club | Mondays, February 5, 12, 19, 26 | 7 pm

Join us for our Adult Hebrew Learning Club. We will meet once a week on Monday throughout February to learn beginning spoken Hebrew. We will learn to have a basic conversation, talk about the news, the weather, our family, and hobbies—all in Hebrew!

Register at: JewishTulsa.org/Hebrew



Lunch Bunch: Zone of Interest | Wednesday, February 7 | 12 pm

Join us at the Circle Cinema as we watch the award-winning film *The Zone of Interest*. Based on the novel of the same name, this highly acclaimed film and Oscar contender portrays the commandant of Auschwitz, Rudolf Höss, and his wife Hedwig, as they strive to build a dream life for their family in a house and garden next to the camp. Never venturing inside the camp walls, the films dreamlike qualities portray a Holocaust drama unlike any other. We will meet at Calaveras at 12 pm for an optional lunch for \$13. Film at 1 pm. Includes short post-film discussion.

Register at: JewishTulsa.org/lb-Feb



Super Sundae | Sunday, February 18 | 2 – 4 pm

Super Sundae is our annual phone-a-thon fundraiser where we call members of our community and ask them to pledge their support to the Jewish Federation of Tulsa's Annual Campaign. We call over 300 members of our community and our goal is to receive \$50,000 in pledges on this one day. This year, we will celebrate with a post-successful campaign and thank our volunteers with a SUPER SUNDAE CELEBRATION! Help sustain our community by volunteering to make calls!

Super Sundae Co-Chairs: Noah Bleicher and Marcela Swenson and Ben and Hillary Aussenberg

Register to volunteer: JewishTulsa.org/supersundae



PJ Library Lunch 'n Stories | Sunday, February 25 | 12:30 – 2:30 pm | Mother Road Market

We are inviting our PJ Library families to gather for a luncheon on the heated patio at Mother Road Market. The first 10 families to arrive will received a free gift card to spend on yummy treats at Mother Road! Enjoy the warmth of your PJ community while the kiddos play putt-putt golf, patio games, and settle in for PJ story time.

Register at: JewishTulsa.org/PJ-Feb



UPCOMING EVENTS

Colors of Israel Part 2 | Thursday, February 29 | 7 pm



This evenings speaker is Liana Meirom Asif, the Jewish Agency director of shlichut (emissaries) program at the New York Jewish Federation. Liana is IGY's (the Israeli queer youth organization) former Chief Operations Officer having led IGY'S shared society and liberal Jewish programs. Liana holds a BA in Education from Beit Berl College and has a long history of work with teens including teaching health, youth peace programs, and developing cultural exchanges between Israeli youth and teens from other countries. Liana has been involved in the Hashomer Hatzair youth movement in various capacities since 2006. She served as a combat soldier in the IDF and is married and a mother.

Register at: JewishTulsa.org/Israel-Feb



Jewish Federation of Tulsa and Circle Cinema Present:

The Zone of Interest

February 2–16

OSCAR NOMINEE BEST PICTURE:
THE ZONE OF INTEREST

February 2–16

Two Special Community Events!

- Friday, February 9, 12:00 pm | Lunch Bunch (SEE JFT EVENTS PAGE 6)
- Friday, February 15, 7:00 pm

Community Screenings with post-film discussion

Tickets and showtimes: CircleCinema.org

CIRCLECINEMA.

Jewish Federation of Tulsa

"a landmark movie" — The Times

"Bold and brilliant. The most vital sort of art it might be possible for us as a species to produce."
— *Julia Cohen, THE TELEGRAPH*

THE ZONE OF INTEREST

APPROX. JONATHAN GLAZER. THEATERS DECEMBER 15TH

CONGRATULATIONS, YOU HAVE TESTED POSITIVE FOR BRCA

by Janis Finer, MD

This was the title of an article I came across shortly after our 34-year-old daughter, Dina Finer Gluck called to share that she had tested positive for the BRCA gene. I wanted to be able to tell her something hopeful, something reassuring about the fact that she had just been diagnosed as a hereditary breast and ovarian cancer carrier and that it wasn't the ultimate life sentence that she might have thought it was. The article, written by a leading breast surgeon, was designed to empower women who carry BRCA to feel fortunate that they have the ability to act upon the knowledge and in doing so, change the course of their medical destiny. We had no family history of breast or ovarian cancer, and Dina underwent the testing as part of a general physical exam, something generally not suggested by primary care physicians. What many health care providers do not realize is how common hereditary cancer syndromes are, and especially in the Ashkenazi Jewish population where the incidence of BRCA alone is 1 in 40 of all men and women, compared to 1 in 400 in the general population.

BRCA 1 and BRCA 2 are inheritable mutations in a person's genetic makeup that greatly increase a person's lifetime risk of developing several types of cancer. Women testing positive for BRCA 1 have an 80% lifetime risk of breast cancer and a 40% risk of ovarian cancer. Women with BRCA 2 have a 60% risk of breast cancer and a 25% risk of ovarian cancer. Men also have a higher risk of breast, pancreatic and prostate cancer as well as Melanoma.

When faced with the news that she is BRCA positive, a woman must decide a path forward—either active surveillance with annual screening mammogram and breast MRI vs undergoing risk-reducing surgery with bilateral mastectomy. In Dina's case, she chose to undergo surgery rather than live with the fear that she would likely face a cancer diagnosis within her 30's or 40s, given the markedly elevated susceptibility to both breast and ovarian cancer. Breast cancer in BRCA patients can occur as early as women in their 20's, along with the risk of fallopian tube/ovarian cancer.

LIKE FATHER LIKE DAUGHTER

BRCA mutations are autosomal dominant such that anyone who inherits the mutation has a parent who carries the gene. The individual whose parent carries the mutation has a 50 - 50 chance of having it themselves. If both parents were BRCA positive, it is 100% that all the children will be BRCA carriers.

Many people do not realize that BRCA mutations can be inherited equally from your father or mother. While men may not have knowledge or have a cancer history, their children have that 50 - 50 chance of inheriting the gene

and, in the case of their female children, they are more likely to develop cancer at an early age. In the case of Dina, her father, David was the carrier and as "luck" would have it, it was also passed along to all three of Dina's siblings.

KNOWLEDGE IS POWER

It is estimated that one out of every 20 breast cancers are BRCA related. Even more important is that for every person who carries the mutation, there are at least several untested and undiagnosed family members who remain at risk. By undergoing screening and finding a healthy individual who carries the mutation, it is a priceless opportunity to profoundly impact the health and life of that person, and in Dina's case, the health and lives of her two sisters and brother.

Cancer genetic screening now encompasses testing for many cancer syndromes including colon cancer, leukemia, lymphoma, pancreatic, brain and kidney cancer among others. There are now over 70 inherited cancer mutations that we can identify accounting for 40 different cancer related diseases.

Our family's understanding of the positive test results and guidance in deciding what we needed to do was greatly aided by two amazing organizations. J Screen, a national nonprofit organization which is part of Emory University, offers both low cost reproductive and cancer genetic screening. Through support from the community we hope to offer testing so that individuals will be able to know their genetic makeup and understand their health risks should the testing prove that a familial cancer syndrome is present. Sharsheret, which is the Hebrew word for "chain", is another national nonprofit organization that, alongside J Screen, offers personalized counseling and support for women and men diagnosed with genetic diseases, thereby saving lives through educational outreach.

On Sunday, March 10 at 10 am, the Maimonides Society of the Tulsa Jewish Federation is pleased to offer a free program to educate the community about hereditary genetic diseases and to offer low cost screening to those who would like to undergo testing. This program will include a panel discussion that includes Dr. Laurie Flynn, Breast Cancer Surgeon; Dr. Michael Gold, Gynecologic Oncologist; Dr. J. Martin Beale, OB/GYN; Dr. Anne Kozlowski, Radiologist; as well as our keynote speaker Melanie Hardy MS, CGC, Director of Genetic Counseling at J Screen.

To RSVP or for more information on how to go about screening, please contact Isabella Silberg at (918) 495-1000 or email ISilberg@JewishTulsa.org. ■

Jewish Federation of Tulsa Maimonides Society Presents

Know Your Genes:

Knowledge. Power. Action.

SUNDAY, MARCH 10, 10 AM AT JEWISH FEDERATION OF TULSA

BARBARA & DAVE SYLVAN AUDITORIUM

KEYNOTE SPEAKER:

Melanie Hardy, MS, CGC — Director of Genetic Counseling, J Screen, Emory University

PRESENTERS/PANELISTS:

Laurie Flynn, MD — Surgical Oncologist, Oklahoma Cancer Specialists and Research Institute

Michael Gold, MD — Gynecological Oncologist, Oklahoma Cancer Specialists and Research Institute

J. Martin Beal, DO — OB/Gyn, Ascension St. John

Anne Kozlowski, DO, MSW — Radiologist, Tulsa Radiology Associates

Jodi Finer Zalk — Community Member

EVENT CHAIRS:

Jill Wenger, MD; Janis Finer, MD; Terry Marcum

RSVP at: JewishTulsa.org/BRCA

For more information or to learn about genetic screening, contact Isabella Silberg, isilberg@jewishtulsa.org, 918-495-1100.

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*of blessed memory

UPCOMING EVENTS

**Free Friend February**

Celebrate the month of love and friendship with Free Friend February. Bring a friend to the CSJCC the entire month of February for free! All your friend must do is sign in and fill out paperwork at the CSJCC fitness desk. You are welcome to bring the same friend or a different friend each day. There is no limit on friendship! Take advantage of this opportunity to show off our cardio equipment and exercise machines, or bring a friend to a fitness class, to play pickleball, or even to relax in our hot tub. This is your opportunity to show your friends our excellent facility and our welcoming community. We hope to see you and your friends all throughout the month of February!

**Challenge: Fitness Bingo**

Our monthly fitness challenge is February Fitness Bingo. Grab a bingo card from the fitness desk and check off each health and wellness task. We will keep your bingo card on the fitness center wall, so you can see your progress. For every line of bingo, you will receive a small prize. If your card reaches blackout (all spaces filled-in), you will receive a large prize! Join us for fitness gamification and yelling out bingo for every goal met!

**Friday, February 2 | National Wear Red Day**

Go Red for Women! Show your support for women across the nation, for the special women in your life, and for YOU. Wear Red is a campaign for heart-smart awareness. Healthy heart information is available at the Fitness Desk.

**Monday, February 5, 10 am – 12 pm | Member Monday: Canyon the Therapy Dog**

Stop by the fitness center between 10 am and noon to meet Canyon, everyone's favorite therapy dog. There are many benefits of pets and studies prove they can help reduce stress, anxiety, and depression. Plus, Canyon is so soft and cuddly, once you start petting him you will have a hard time leaving!



UPCOMING EVENTS

Wellness Series: Love Your Heart | Wednesday, February 14, 10:15 am | Dan Room

February is Heart Health Month and we want you to learn the best ways to "love" your heart with healthy tips and tricks! Join us at 10:15 for heart healthy snacks followed by a presentation with Randy Cogburn, Zarrow Pointe Wellness Director at 10:45 am. Randy will discuss heart health and demonstrate the do's and don'ts of live-saving CPR, a skill that everyone should know. You will leave this Wellness Series with the tools to eat and exercise for optimal heart health. Our monthly Wellness Series is always open to the public so feel free to invite a friend!

Register at: csjcc.org/wellness-feb

**CARDIO DRUMMING WITH HANNAH!****Cardio Drumming | Friday, February 16
Two Classes! 9 am & 10 am**

Cardio Drumming is a full-body exercise class utilizing exercise balls, buckets and drum sticks. The low-impact class uses movement through drumming to benefit both the mind and body. Cardio drumming is a fun, fast-paced way to get your heart rate up, improve your rhythm and burn calories. If you enjoy movement, want to improve your hand eye coordination or just love music, join Coach Hannah and try this 45-minute workout. The class is limited to 11 participants, please sign up in advance to reserve your spot.

Register at: csjcc.org/drumming-feb

**BOARD GAMES AND BRUNCH AT THE CSJCC****Social: Board Games and Brunch | Wednesday, February 29, 10:15 am | Dan Room**

Join us for our community social—board games and brunch. We will gather with old and new friends, enjoy snacks and board games. Light brunch items will be served as well as coffee, water, and juice. Come for the nosh—stay for the friendship! Feel free to bring your favorite game to share.

Register at: csjcc.org/games



WHY THIS ENTREPRENEUR CHOOSES CSJCC OVER BIG-BOX GYMS

by Maren Hettler, Tulsa Jewish Review Intern

When Josh Ritchey joined the CSJCC for his fitness needs, he found more than just exercise equipment; he found a community. Ritchey's company, Live Event Trivia, puts on trivia nights for bars and restaurants around the country. "The JCC folks had found us and wanted us to do a fundraising event for them, and I thought that it would be a lot of fun," he said. When he went to the JCC to see how the annual Trivia Night fundraiser would be set up, the staff introduced him to the fitness center.

After touring the facility, he and his wife joined immediately. The clean and welcoming environment, combined with the friendly staff, made them feel at home. "The facility itself was great, and the people seemed so kind," he said. "I thought it would be a great fit."

But a few months later, Ritchey ended up leaving the JCC. "I didn't end up doing any of the things that I had set out to do. I wasn't going to play basketball or workout, and I just wanted to try some other things," he said. He ended up joining a CrossFit gym, thinking the high cost would motivate him to go, but it ended up being too much pressure. "The whole thing felt like a weird pyramid scheme."



Josh Ritchey

Around that same time, the pickleball group he had been playing with started getting together more frequently. Ritchey ended his membership at the CrossFit gym and rejoined the JCC. "I'm glad to be back," he said.

Ritchey said that the variety of activities that the JCC offers sets it apart from other gyms in Tulsa. Unlike larger fitness centers, the JCC has a pool, a basketball gym, a pickleball area, and an outdoor track, creating a convenient one-stop fitness destination. "Having the pool, the basketball gym, the pickleball area and the outside track all in one place is so convenient," he said. "The weight room is just so clean."

"It's a fitness center that doesn't necessarily feel like a fitness center. Just being in the facility is fun."

After his parents came along with him to one of the morning exercise classes, they decided to join too. "I think the fact that the classes are geared toward people at various phases of their exercise journey really appealed to them," Ritchey said. "The variety and just the overall experience is what sold them on it. It's just very approachable fitness center."

For Ritchey, the JCC is more than just a fitness center. "It never feels like I'm going to the gym," he said. "It feels like I'm going to visit friends." He loves that Zarrow Pointe is located next door and that people are always coming and going. "It's a fitness center that doesn't necessarily feel like a fitness center," he said. "Just being in the facility is fun. Every time I come in, I know that it's going to be a good time and I will run into a friendly face."

PICKLEBALL LESSONS and DRILLS

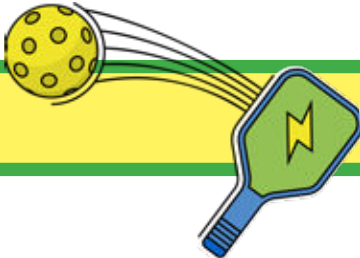
FEATURED CLASS!

Join the pickleball craze! Learn and practice the sport that's taking the world by storm! Pickleball is the fastest-growing sport in the US, and the CJSCC is your place for lessons and drill classes.

OUR ONGOING OFFERINGS ARE:

- // Tuesday 10-11 am Intermediate Lessons
- // Tuesday 11-12 pm Drills
- // Thursday 10-11 am Beginner Lessons

ALL LESSONS/DRILLS ARE \$10 AND YOU CAN PURCHASE A 4 CLASS PUNCH CARD FOR \$40 AT THE FRONT DESK.



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SUPER SUNDAY

PHONE-A-THON FOR 2024 ANNUAL CAMPAIGN



February 18, 2 - 4 pm

Goal: \$50,000

Event Chairs:

Noah Bleicher and Ben and Hillary
Marcela Swenson & Aussenberg

Sign up to volunteer at:
jewishtulsa.org/supersunday

CURRENT EXHIBITIONS



Curator's Curios | January 11—December 31

This is the first of many exciting exhibits on view at the Museum this new year. Digging deep into the Museum's collection, curator Sofia Thornblad displays her all-time favorites from oil paintings by Theodore Fried to fun vintage prints. This exhibit offers up a bit of everything.



Old Country to the Plains: Kosher Pop SK8 Art | February 8 – June 14

≈ Opening Reception with Artist Gallery Talk ≈

Thursday, February 8 at 6 pm

RSVP at: JewishMuseumTulsa.org/event

This project is supported in part by the National Endowment for the Arts.

New York City artist Steve Marcus created 40 new works specifically for The Sherwin Miller Museum of Jewish Art. Marcus' unique style, inspired by cartoons and underground comics, explores the themes of tradition, spirituality and local Jewish history in a fun and refreshingly accessible approach to contemporary Jewish art, masterfully showcased on whimsical and thought-provoking skateboard decks.



Jacob's Ladder | March 28 – December 31

The Museum archives is home to many imaginative winged beings. Join us on a trip up Jacob's Ladder and encounter these artistic angelic pieces from our collection.



17th Annual Purim Mask Student Exhibit | March 7 – May 16

This annual student exhibit features Oklahoma K-12 student artwork, depicting the masks of Purim, commemorating the day the Jewish people were saved by Queen Esther of Persia. The king's advisor, Haman, attempted to execute the Jewish people. Esther, who previously hid her Jewish heritage, bravely revealed her true identity to the king and asked him to save the Jewish people. During Purim, the custom is to dress up and mask one's identity—like Esther did—celebrate with costumes, noisemakers, and parties.

If you know a local K-12 teacher wishing to participate in the art contest, please reach out to Sofia Thornblad, Chief Curator, at 918-492-1818 or curator@jewishmuseum.net. Student artwork deadline: February 23.

NEW WWII OKLAHOMA VETERANS MEMORIAL MURAL DEPICTS DIVERSITY

by Sofia Thornblad, Chief Curator

Eva Unterman is a cornerstone of the Jewish community in Tulsa. Those who have heard her speak about her survival of the Holocaust know that she considers every American soldier, in fact, everyone who fought against the Nazis, to be her liberator.

On Sunday, January 14 a group of Eva's closest friends and colleagues braved the freezing temperature and snow to gather in her honor, for the unveiling of The Sherwin Miller Museum of Jewish Art's latest installation. Tulsa artist Zach Raw created a stunning and unique mural depicting the diversity of WWII

honor of cutting the ribbon.

The mural is deeply reflective of the many faces shared by American service members—past, present, and future. According to artist Zach Raw, "This mural is a bit different from traditionally painted murals since it was created completely digitally. Everything from the rough drafts down to the coloring and lighting effects were drawn by hand on a digital cintiq tablet using Adobe Photoshop. The pros of working digitally are numerous, including the ability to make changes and updates in real-time, streamlining the creative process immensely. Once the illustration was complete, the file was sent to the printers where they produced the image on large rolls of special vinyl, which was then applied to the windows. This type of vinyl allows people behind the windows to see out, while on the front side, the viewer only sees the mural. Once printed, it was installed in about an hour and a half." When asked how he felt about the mural project, Zach stated, "This project was delicate not only for the challenge of representing these troops with care and accuracy, but also ensuring their images were depicted in a respectful manner."

"The mural is deeply reflective of the many faces shared by American service members—past, present, and future."

American soldiers with his hand-drawn, computer generated, vinyl mural. The new mural is on display permanently on the first floor of The Museum.

"Eva has given so much of herself to the Tulsa Jewish community and greater community over the years, and I am thrilled to be able to honor Eva with her wishes for an exhibit that would honor those who liberated the camps," stated Lori Frank as she began the dedication. Rabbi Michael Weinstein followed with his remarks about the significance of our responsibility to continue to educate on stories of the past. Finally, the highlight of the program—the unveiling with Eva given the

The mural was a 2 ½ year project, completed with the generosity of both time and financial support from Lori Frank and LaVonna Reed. The Sherwin Miller Museum is grateful for the vision and support from lay leaders, who worked tirelessly to ensure the completion of this important installation.

Stop by The Sherwin Miller Museum of Jewish art to see this new addition, located on the first floor next to the newly installed Curator's Curios exhibit. ■



Lori Frank and Eva Unterman



Eva Unterman and mural artist Zach Raw

VOLUNTEERING IN ISRAEL

The Jewish Agency is recruiting medical volunteers. If you are a medical or mental health professional and want to help, please fill out the following form:

<https://ln.tfaforms.net/2004>



If you are a non-medical professional and wish to help, please fill out the following form:

<https://ln.tfaforms.net/2020>



For questions and more information about volunteering in Israel, contact Itzik Levin, slvn88@gmail.com

WHEN STUDENTS LOVE LEARNING AT MIZEL JCDS

by Amanda Anderson, Executive Director

Why is student buy-in necessary for successful outcomes? Student buy-in is crucial for meaningful learning in schools as it enhances engagement, motivation, and ownership of the learning process. When students see the relevance of the material to their lives or future goals, they are more likely to actively participate and take responsibility for their education. Connecting lessons to real-world applications makes the learning experience more practical and meaningful. A positive learning environment is fostered when students feel their opinions are valued, which promotes collaboration and a sense of community in the classroom. This intrinsic motivation contributes to long-term retention of information, as actively engaged students are more likely to remember and apply what they've learned. Additionally, student buy-in encourages the development of critical thinking skills, as students analyze information and apply concepts to real-world scenarios. Fostering student buy-in cultivates a positive attitude toward learning, creating lifelong learners who are motivated, curious, and eager to continue learning beyond the classroom. At Mizel JCDS, we strive for 100% student buy-in on their educational journey beginning at pre-school on up.

A third-grade student, who has been with us since first grade, wrote the following about Mizel JCDS:

“The first 2 years before I went to Mizel, I was homeschooled, with my Grammy. Now that I’m going to Mizel, I’m really happy! I am DEFINITELY learning more now that I’m going to an actual school!

I really am glad I go to Mizel. Everyone is SUPER nice and I made lots of friends! Hebrew and Judaic Studies is REALLY cool, and I’m glad I’m learning it. I’ve ALWAYS wanted to learn a cool language like Hebrew. Everything is SUPER fun to ME. I cannot wait to come back to school each year!”



The Zone of Interest Coming in February

Visit CircleCinema.org for tickets and showtimes to this new acclaimed drama from A24 and Jonathan Glazer. The film is an unconventional exploration of the tragedies of the Holocaust as the commandant of Auschwitz attempts to build a home for his family next to the camp.



Don't miss all the great Circle Cinema films and events this month, scan the code for up-to-date listings and showtimes.

CircleCinema.org | 918.585.3456 | 10 S. Lewis Ave, 74104

DANISH STRING QUARTET

FEBRUARY 17, 7:30 P.M. TULSA PAC
Dinner and Wine included
Schubert's "Death and the Maiden" and folk music

FEBRUARY 18, 3:00 P.M. TULSA PAC
Pre-concert lecture at 2:15
Music by Haydn, Shostakovich, and folk music



The continuation of Mizel JCDS and students who love learning is essential for the sustained transmission of Jewish cultural and religious traditions, ensuring the preservation of a rich heritage. As we continue to grow each year, we are excited our population of Jewish students is steadily increasing. For the 2023-2024 school year, we are over 60% Jewish! At Mizel JCDS, we are deeply rooted in the community—fostering a sense of continuity and providing a stable educational environment for successive generations. The future of our school not only allows for the adaptation to changing educational needs and societal trends but also requires philanthropic support to help reinforce a reputation for educational excellence. Ultimately, the long-term commitment to nurturing cultural identity, ethical values, and academic achievement solidifies the crucial role of Mizel JCDS in shaping the future while honoring the past. ■

THE GREENING OF ZARROW POINTE

by Sandy Sloan, Editor, Tulsa Jewish Review

On average, there are 227 sunny days per year in Tulsa and with 2023 being the hottest year on record, it makes sense to make the most of the energy from the sun. Tapping into solar power is an excellent way to not only be more sustainable, by reducing carbon emissions from burning fossil fuels for energy, but in the long run, will provide cost savings.

“We are trying to make a conscious effort to reduce our carbon footprint,” says Zarrow Pointe CEO Jim Jakubovitz. “Ten years ago, we started with Phase One of becoming more sustainable by adding solar panels to our covered parking area. This spring we will begin Phase Two.”

Phase Two will consist of adding solar panels to the nursing home and four-story building that includes

“Our residents are very concerned about the environment and leaving the planet better for their children and grandchildren. The idea that only young people care about the environment is misguided.”

the apartments and main common areas. “This really couldn’t have come at a better time for us,” says Jakubovitz. “We are ready for a new roof, which needs to be completed prior to adding panels. And adding solar panels will increase the life expectancy of our roof by 10 years. We estimate with the addition of the new panels; our utilities bills will be offset by 60% in the summer.”

“Our residents are very concerned about the environment and leaving the planet better for their children and grandchildren. The idea that only young people care about the environment is misguided,” continues Jakubovitz. Zarrow Pointe has a *Green Committee* made up of 4-5 residents

and staff dedicated to continuing to green the campus. Currently the goals of the committee are transferring to more renewable energy and reducing landfill waste.

Recent green initiatives to reduce landfill waste at Zarrow Pointe include eliminating single use products (straws, paper napkins, paper plates, plastic utensils) from the dining hall. All Styrofoam has also been eliminated and when a resident orders meal-service directly to their room, the meal is now delivered on china vs. single use items. “Doug’s Café is next,” claims Jakubovitz. “They will now serve dine-in meals on re-useable service ware, but we are still working on a good solution for the elimination of very affordable Styrofoam.”

Additionally, two electric charging stations were added to the parking lot several years ago and the stations see continual use by staff and visitors alike.

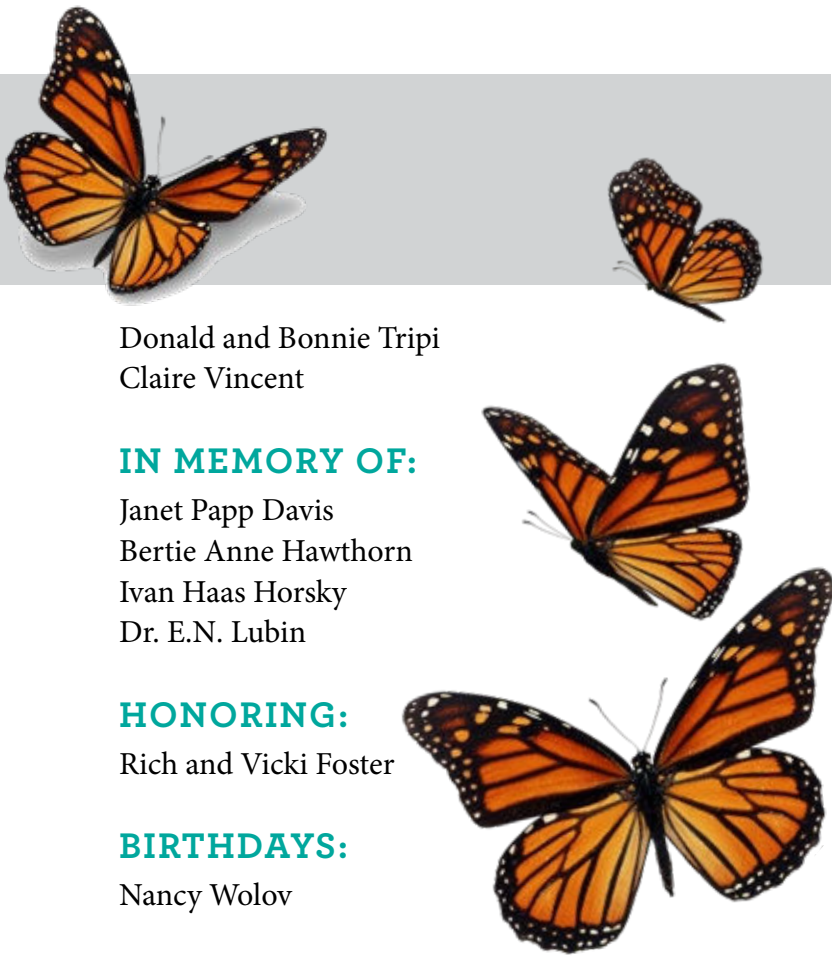
Phase Two of the solar panel roofing is expected to start this spring. According to a recent MarketWatch article (November 2023), solar-powered retirement homes are part of a larger trend that has emphasized “green” building that also conserves energy, employs healthier building practices, and cuts overall carbon emissions. While not trying to be trendy, Jakubovitz concludes, “Our goal is to do our part to be good stewards of the earth.” ■



In 2014, Zarrow Pointe installed the first solar parking canopy in Tulsa.



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To learn more contact
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THE HISTORY OF MILLER HOSPICE©

by Phil Goldfarb

In early 2003 Bruce Magoon and his wife Brenda Miller Magoon (1939-2016) saw an opportunity in Tulsa for a hospice within the Tulsa Jewish Community. In working with Jim Jakubovitz of Zarrow Pointe they decided to provide the funding for a hospice. Besides filling a need for patients both within the facility and in the community, one of the motivations for opening this hospice was due to Zarrow Pointe at the time using an outside company for this care and had a patient who was close to death. A young worker for this unfamiliar hospice asked the very religious Zarrow Pointe patient if she wanted to “be saved” before she died. Needless to say, that did not go over well with the patient’s family!

Rather than spending a lot of time, effort, and paperwork on starting up a hospice from scratch and doing all of the work needed to implement such an entity which would have taken years, a decision was made to acquire a working, high quality, highly rated existing Tulsa Hospice. In 2003 Zarrow Pointe (formally Tulsa Jewish Retirement Center-Note: see February 2019 Tulsa Jewish Review, *The History of the Tulsa Jewish Retirement Center*) acquired American Hospice and immediately changed the name to Miller Hospice. Miller Hospice has been providing pain management and compassionate end of life care ever since.

Meyer C. (1906-1975) and Ida Helene Jankofsky Miller (1913-1998) were long-time Tulsans dedicated to family and “Tikum Olam” (Repair of the World). They were active Jewish community members, always doing their part to improve the quality of life in the community. Ida was born in Chicago, IL of Polish Jewish immigrants while Meyer Miller was the son of Belarus born, pioneer Tulsa oilman and philanthropist Sam S Miller (1872-1950) and his wife, German Jewish born Francis Kaiser Miller (1873-1946). Following in their footsteps, Bruce and Brenda Magoon were proud to continue the tradition of “Honoring thy Father and Mother” by dedicating the “Miller Hospice” in memory of Meyer C. & Ida H. Miller who were Brenda’s parents. Miller Hospice has now had the privilege of serving the Tulsa community for over 20 years while collectively the Miller Hospice staff has over 400 years of experience serving patients and families during this special time.

Miller Hospice is a locally owned, non-profit care provider that is committed to caring for the body, mind, and spirit of each individual along with his or her family. Their Mission Statement is: “To provide quality care first and foremost to those entrusted to us who are in the final stages of life. Through efficient, dignified, and



knowledge-based care, we will have an effective outcome for the individuals, families, and caregivers we are blessed to serve. This mission provides a reward that cannot be measured and places pride within each employee, manager, director, and board member who is associated with this company.”

Being local and a non-profit are both important because it means patient care is their priority, ensuring excellent, compassionate care. This is evident in the low patient-to-staff ratio, very low staff turnover, and their very high patient satisfaction scores that they consistently receive. Because of this, Miller Hospice is recognized as one of the top rated Hospices in Tulsa. Outgrowing their space at Zarrow Pointe in 2015, they moved just around the corner to a building that they bought at 6950 S Utica Avenue in Tulsa.

While being a service of Zarrow Pointe, they assist people of all denominations, nationalities, races, and creeds. Miller Hospice serves the Tulsa Metropolitan area and the surrounding communities to include approximately a 50 mile radius of Tulsa. As a non-profit, their patients will never pay for their services, even if they are not eligible for Medicare or private insurance coverage. Their phone number is 918-742-6415 and their website is: www.millerhospicetulsa.com. ■

My thanks to Bruce Magoon and Jim Jakubovitz for their assistance with this story.

The Jewish Genealogical Society is housed under
The Sherwin Miller Museum of Jewish Art.
To learn about the benefits of joining the JGS visit:
JewishMuseum.net

Phil Goldfarb is the president of
the Jewish Genealogical Society
of Tulsa and can be e-mailed at:
phil.goldfarb@cox.net.



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Campbell Janis Bolusky, daughter of Richie and Emily Bolusky, will become a bat mitzvah on Saturday, February 3, 2024, corresponding to the 24th day of Shevat, at Congregation B'nai Emunah.

Campbell is a seventh-grade honor student at Carver Middle School. She enjoys playing competitive volleyball for both club teams and her school team. She is an avid baker and loves creating beautiful and detailed computer assisted designed buildings and communities. Her favorite subject is math, and she hopes to pursue an education and career in architecture. Campbell has been preparing for her bat mitzvah under the tutoring and guidance of Moreh Greg Raskin.

Campbell is the granddaughter of Eric and the late Janis Bolusky as well as Carol and the late Reed Melton of Tulsa, OK. Campbell is the loving younger sister of Conley Bolusky.

The community is invited to join the Bolusky family for services at 9:30 a.m. in person at Congregation B'nai Emunah or in the Synagogue Zoom Room. The meeting ID is, as always, 918-583-7121.

Mazel Tov Campbell and family!



Chloe and Brandon Chappell were married on Saturday, December 23 in a small ceremony surrounded by family and friends. The couple will honeymoon in Norway this coming May. Chloe and Brandon met at a local Shabbat service during the early days of the global pandemic. The couple reside with their two dogs, Leia and Bruce, in Broken Arrow. Mazel Tov Chloe and Brandon!

CELEBRATE SIMCHAS!

Share your simchas with the entire community! Send us your b'nai mitzvah, wedding announcement, birth of a child, graduation, or other milestone for our "simchas" section each month. Send submissions for the Tulsa Jewish Review to Sandy Sloan, sandy@jewishtulsa.org



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Blatt + Blue : Uncut Gems
Thursday, February 8
7:00 p.m.

Visit tulsagogue.com for more information regarding the movie selection and viewing options. Join us for our conversation at 7:00 p.m. on Zoom (918 583 7121). Newcomers are welcome to join the dialogue.

Shema: Music Class for Babies
Sunday, February 11
10:30 a.m.

Join us for the next gathering in a series of Jewish music classes for babies and their adults! We'll blend the best of what we know about early childhood education and the joy of Jewish music for this class geared towards kiddos 2 and under with their adults. This session will focus on themes of love and care for others, as we sing, dance, move, and explore together at the Synagogue. Hold your spot by visiting the Synagogue website or sending a note to Morah Sara at slevitt@bnaiemunah.com

Lifelong Learners
Wednesday, February 21
11:30 a.m.

Join Rabbi Kaiman and fellow seniors from all walks of life at the Synagogue for an enjoyable blend of lunch and interesting stories. Starting at 11:30 a.m., sessions feature engaging tales from our civilization's literature. If you're coming from Zarrow Pointe, a free bus leaves at 11:00 a.m. (but you can use your own vehicle if you prefer). Lunch from Queenie's is on us! This collaboration is our way of making learning and sharing more accessible. Save your spot by calling the Synagogue at 918-583-7121 or registering at www.tulsagogue.com.



Women's Wellbeing Retreat at Osage Forest of Peace
Friday, February 23 | 5:00p.m. until Saturday, February 24 8:00p.m.

This retreat is designed for women-identified folks in our community to come together for 24 hours of connection, learning, and unplugging. With the noise of the daily grind out of our way, we'll zoom into relationship building and create a holy community in the Osage Forest! The retreat will include meals, prayer experiences, learning, breakout sessions on topics of interest, and song. Overnight and commuter options are available. This experience is geared toward an intergenerational audience. Space is limited, and registration is required! Save your spot by calling the Synagogue at 918-583-7121 or registering at www.tulsagogue.com.

Doing Jewish: When Do I Bow?
Sunday, February 25 | 10:00 a.m.

This session, titled "When Do I Bow?", offers a unique opportunity to explore the intricate movements of Jewish prayer. Delve into the traditions and meanings behind the physical expressions of our faith. Whether you're new to Jewish prayer or seeking a deeper understanding of your practice, this workshop is designed to guide you through the nuances of when and why we bow and make other subtle movements during prayer. Rabbi Kaiman will lead this learning session. Register at www.tulsagogue.com.

Afternoon/Evening Services
Every Wednesday and Friday • 5:30 p.m.

Each week, we gather to experience traditional daily prayer and establish a quiet space for those mourning a loved one or observing the anniversary of a loss (yahrtzeit). All use these opportunities to recite a communal Mourner's Kaddish. Both gatherings take place in the Synagogue's Davis-Goodall Chapel, with full participation available both in-person and through the Synagogue Zoom Room. We ask that in-person attendees register in advance on our website. Friday gatherings always occur in the Synagogue Zoom Room at 918 583 7121.

Shabbat Morning Services
Every Saturday • 9:30 a.m.

Each week, we convene on Saturday morning to sing the liturgy of the tradition, study the weekly Torah portion, and spend time amongst family and friends. All are welcome to participate in this experience in person or on Zoom. Members and friends can access the Synagogue Zoom Room at 918 583 7121.

SISTERHOOD ART SHOW: A BENEFIT SUPPORTING B'NAI EMUNAH RELIGIOUS SCHOOL

Please join us on Sunday afternoon, March 3rd from 4:30-6:30 pm at B'nai Emunah synagogue for a wonderful Art Gallery happy hour. We will enjoy live music by a local guitarist, drinks, and appetizers provided by Oren and Gambill's, as we mingle admiring pieces from local artists. Bid on your favorite artwork during our silent auction! Students masks/art will be featured for purchase just in time for Purim!

All proceeds will be donated to the B'nai Emunah religious school to help support their educational programs.

Families are welcome! We will have pizza along with fun, supervised art activities headed by Artsy Cartsy for the kids in the auditorium.

We invite all members of the Synagogue and Tulsa Jewish community to join us. You can register on the Synagogue website, or by calling the synagogue's main number at 918-583-7121

If you are an artist and wish to donate a piece of art to be included in the auction, please contact Iris Sandler 918-557-3940 or Adria Sanditen 817-366-6696. ■

fabricut.com • 800-999-8200



Shabbat Learning Through the Ages • Sat., Feb. 3 • 10:30 a.m.
Borrowing from our Temple Israel monthly Shabbat morning experience, we will join to study and learn from one another. We will explore Torah and Traditional Rabbinical texts based on themes of this week's Parsha, Torah Reading. RSVP to rsvp@templetulsa.com for the Zoom link.

Sociable Seniors • Sun., Feb. 4 • 12:30 p.m.
For our 60 and over crowd! We look forward to welcoming Mark Frie, from TPAC, as our guest speaker/entertainer at the next gathering. Our catered menu for February will center on an appealing choice of "warm favorites for a winter day," and will include a full, hot lunch. The cost is \$15 per person, and reservations should be in the Temple office no later than January 30. Visit Temple Israel's event page for details, www.templetulsa.com.

Finding God in an Age of Reason with Rabbi Weinstein on Zoom • Thurs., Feb. 8, 15 & 22 • 2:00 p.m.
In this course we will spend time studying, learning, and sharing our differing theological expressions. For some, God is a personal god, while for others, God is universal. What if God were merely morality? What of a punishing god, or a god of salvation? How do we, as individuals understand God, and what role does God play in our lives?

Family Shabbat in person • Fri., Feb. 9 • 6:00 p.m.
During Family Shabbat Cantor Weinstein and Rabbi Jasper create a sacred space for our young families with songs and prayers. Our service will be followed by dinner. RSVP by Thurs., Feb. 7. Contact Rabbi Jasper at rabbitzvia@templetulsa.com for more information.

Birthday Shabbat Service w/ Torah in person, on Zoom & Facebook Live • Fri., Feb. 9 • 7:30 p.m.
Join us as we welcome in Shabbat with the chanting of Torah. During this service, we will honor significant February birthdays. Stay for a sweet oneg afterwards. RSVP to rsvp@templetulsa.com for the Zoom link.

Young Jewish Professionals Glass Blowing • Sat., Feb. 10 • 2:00 p.m.
Do you love to get creative? Have you ever wanted to try to blow glass? With Valentine's Day just around the corner, Temple Israel is inviting all young Jewish professionals, to a glass blowing date 'night.' Whether you're in a relationship, looking for that special someone, or dating yourself because you're amazing, join us as we learn to make paper weights and glass flowers. For more information and to RSVP, please go to templetulsa.com/rsvp. Hope to see you there!

Zamru L'Shabbat followed by Congregational Dinner • Fri., Feb. 16 • 6:00 p.m.
Celebrate with Cantor Weinstein, Cantorial Soloist Jenny Labow, and Elijah's Minor Prophets, in person or online as we welcome in Shabbat with joyous songs! Our service will be followed by a congregational Shabbat dinner. RSVP for dinner at templetulsa.com/rsvp. RSVP to rsvp@templetulsa.com for the Zoom link.

Music & Meditation • Sat., Feb. 17 • 10:30 a.m.
Join Cantor Weinstein to flex, stretch, and nourish our minds, our bodies, and our souls through song, breath, and movement.

Rav & Rev • Thurs., Feb. 22 • 6:00 p.m. • Southminster Presbyterian
Rav and Rev is back! This interfaith collaboration between Temple Israel and Southminster Presbyterian will continue on February 22nd. This session will be held at Southminster Presbyterian Church, and it will be a soup potluck. Bring your Zayde's famous matzo ball soup or something else, but no matter what you bring, we need you! To RSVP please go to templetulsa.com/rsvp.

Zarrow Pointe Shabbat Service • Fri., Feb. 23 • 6:30 p.m. •
We cordially invite all those who wish to join us for this meaningful Friday evening service with music, held in the Burnstein Auditorium at Zarrow Pointe. We welcome not only Temple members and Zarrow Pointe residents, but all other friends in our community who would appreciate being together on Shabbat.

Anniversary Shabbat Service w/ Torah • Fri., Feb. 23 • 7:30 p.m.
Join the Temple Israel Clergy Team in person or online as we welcome in Shabbat with the chanting of Torah and celebrate significant February anniversaries. RSVP to rsvp@templetulsa.com for the Zoom link.

Brotherhood Taste of Temple • Sat., Feb. 24 • 7:00 p.m.
Mark your calendars for the annual Brotherhood Taste of Temple. We are looking forward to providing some great food, entertainment, and community. Watch the iTinerary for further information. Email rsvp@templetulsa.com or call the TI office at (918) 747-1309 for more information. ■

Mark Your CALENDAR

March
1 & 18-
22

March 1 | Friday Camp Shalom Registration opens
March 18 - 22 | Monday - Friday ... Spring Break Camp @ CSJCC

April 4 | Thursday JFT Annual Campaign Dinner
April 7- 11 | Sunday - Thursday ... Oklahoma Jewish Film Festival @ Circle Cinema - 10th Edition
April 14 | Sunday Mizel Spring Fundraiser @ noon

April
4, 7-11,
& 14

May
14, 22,
& 25

May 14 | Wednesday SMMJA Member's Luncheon
May 22 | Wednesday JFT Annual Meeting
May 25 | Saturday CSJCC Sharna & Irvin Frank Aquatics Center Opens for the Summer

June 8 | Thursday CSJCC Annual Trivia Night Fundraiser

June
8

August
3

August 3 | Saturday CSJCC Aquatics Center begins Back-to-School Hours (weekends only through Labor Day)

October
27

October 27 | Sunday SMMJA Annual Gala



Jewish Federation of Tulsa
2021 East 71st Street
Tulsa, OK 74136

JCC
Charles Schusterman
Jewish Community Center

**Registration
Opens March 1**

May 28 to Aug 2

**Daily Swimming!
Outdoor Games!
Dress-up Days!
Arts and Crafts!
And more!**

**Camp
Shalom**
**SUMMER
CAMP**

3 - 15 years old!

**LIMITED SPACE
AVAILABLE!**



DRAWING



OUTDOOR GAMES



STORY TELLING

**www.CSJCC.org/Camp-Shalom
Registration Opens March 1**