

TULSA *Jewish Review*

*Cheshvan/Kislev 5783
November 2022*



United Jewish Tulsa

Jewish Federation of Tulsa
2022 Annual Campaign

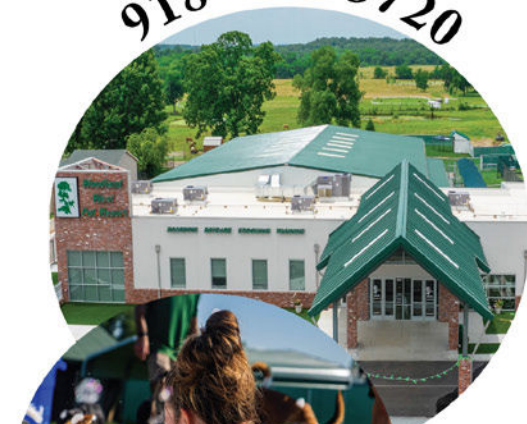
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Jewish Federation of Tulsa
Annual Campaign
United Jewish Tulsa

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STAFF

EXECUTIVE DIRECTOR

AIDA NOZICK
anozick@jewishtulsa.org

ADVERTISING MANAGER

HOLLY HUGHES
hhughes@jewishtulsa.org

COPY EDITOR

SANDY SLOAN
sandy@jewishtulsa.org

COPY EDITOR & LAYOUT

SARAH WINKELMAN
swinkelman@jewishtulsa.org

LAYOUT, MARKETING, & COMMUNICATIONS COORDINATOR

JASMINE RIKIN
jrikin@jewishtulsa.org

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COVER



Jewish Federation of Tulsa's
2022 Annual Campaign
United Jewish Tulsa

OUR MAGNIFICENT CAMPUS

Excerpts from speech presented at Annual Campaign Kickoff Event 9/11/22
by Brian E. Brouse

Friends, I want to thank you for your continued support of the Jewish Federation of Tulsa. Your generosity can be felt throughout our magnificent Zarrow Campus. It supports our youth and family programs, it maintains our Schlichim and Israel related programs, it supports Holocaust education, it sustains this incredible facility many know simply as the JCC.

Your gifts and those who came before you built this campus. And not only did y'all build the campus but you support it on yearly basis. It takes a village to operate our Jewish Federation. Someone comes early in the morning to open the doors and turn on the systems. Others plan, prepare, and conduct the programs enhancing our Jewish identity. Others crunch the numbers and pay the bills. Still others clean up after us and make sure the building is secure.

The Jewish Federation of Tulsa is a service organization. So, most important are our users. People like YOU who participate in our programs. Our Federation is diverse. It encompasses the Charles Schusterman Jewish Community Center, the Barb and Dave Sylvan Auditorium, the Zeligson Gym, the Frank Fitness Center, The Sherwin Miller Museum of Jewish Art which also houses the Sanditen/Kaiser Holocaust Center. We have beautiful Liberator's Park.



Barbara and Dave Sylvan Auditorium
Comedy for Peace

We have a large garden whose produce goes to the Oklahoma Food Bank, helping those in our community in need. We have the Altman Sports Complex and the Sharna and Irvin Frank Aquatics Center. On our Zarrow Campus our Jewish Federation supports the Flo and Morris Mizel Jewish Community Day School and Zarrow Pointe Retirement Center. We are proud to share the campus with them.



Circle Drive
Yom Haatzmaut

November Holiday Closings

Wednesday, November 23
SMMJA- Closed
JFT- Closes at 12pm
CSJCC- Closes at 5pm

Thursday, November 24 - ALL CLOSED

Friday, November 25
JFT & SMMJA- CLOSED
CSJCC- Open 12pm-5pm



Circle Drive
Camp Shalom morning assembly and drop-off

Our Federation cannot do what we do without your support, without legacy giving, without foundation and grant support. Please tell your family and friends. Tell them the importance of supporting local Jewish institutions in their giving.

Now I hope that you'll let me close with a story about what it really means to give. There was once a villager who approached his rabbi and asked to see the Prophet Elijah. Since he was a child he looked for him at the Seder, but never caught sight of the miraculous traveler. The rabbi, however, knew what to do. He asked the villager to pack up a box of shoes and visit a widow in the next town over. The villager did exactly that. He arrived at the home of the widow and her children and gave shoes to her for her sons and daughters.

When he came back, however, he reported a failure. "I never saw the Prophet Elijah!" The rabbi then responded, "Go back to the town and spend Rosh Hashanah. Wait for the widow to walk her children to the synagogue and listen carefully to what she says."



CSJCC Fitness Facilities
Midweek Movement class

As Annual Campaign Chair, I am asking for tzedekah for the Jewish Federation of Tulsa's 2022 Annual Campaign. Many of you have already given. And we THANK YOU! For those that have yet to give, please take the time to think of all the Federation does for our community, and our greater Jewish community. Together we raised thousands of dollars to assist Jewish Ukrainians affected by the war; together we helped clothe our new Afghan neighbors that came to Tulsa; together we fight antisemitism by educating all ages about the past; together we will move forward with stronger Jewish identity rooted in our next generation of leaders.



Sherwin Miller Museum of Jewish Art
Sanditen/Kaiser Holocaust Education Center

The villager went back and did just that. On the way to the synagogue, everyone admired the widow's children and commented on their beautiful shoes. As soon as they were out of earshot, the children asked where the shoes had come from. Their mother replied, "I'm not sure, children, because he was a stranger, but I felt almost certain that he was the Prophet Elijah."

The moral of this story is beautiful and clear. When we give what other people need, we, too, can be the Prophet Elijah.

Thank you for your generosity in helping us achieve our mission preserving and enhancing Jewish life in Tulsa and beyond. We are extremely grateful.



Liberators' Memorial Park
Camp Shalom Shabbat

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\$1,380,000 of \$2,400,000 Raised

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WHY IS IT CALLED SUPER SUNDAY?

MAKING CONNECTIONS WITH THE TULSA JEWISH COMMUNITY

by Mark Lobo

Did you wonder why you were not called by a Jewish Federation of Tulsa Annual Campaign volunteer in February this year? And then you learned you would be called in September? Did you receive a call? And why is it called “Super Sunday”? Let me explain.

The JFT tradition of annual people-to-people outreach began in the days of “phone-a-thons” and before telephone message recorders. Volunteers sat together at a “phone bank”, working through a list of pledge cards by making calls and taking mini breaks kibbitzing with the callers sitting on either side at the long table. Sometimes we knew the person we were calling, but the real value came when we made a first connection with a member of the Tulsa Jewish Community.

We are a small Jewish community, but able to think of ourselves as members of a very large extended family. I won’t bring up the joke about every Jew in Tulsa being related, though it isn’t a joke that our connection to JFT makes us like a family. And the calls made on that designated, publicized day resulted in hundreds of connections to JFT through the callers. Not an event, program or pool party, our diverse community is connected by people-to-people conversations on one Super Sunday.

And this year Super Sunday took place in September to tap into the energy of the holiday season, and, something begun most recently, the energy of the youngest members of the Tulsa Jewish Community. Replacing the phone bank were dozens of volunteers ranging from

40+-year Campaign workers to new Tulsans, all making calls (and texts) from their personal phones. The feeling of community permeated the Sylvan Auditorium, along with delightful little kid noise, ice cream, snacks, and a constant background of voices saying, “Hi, I’m a volunteer with the Jewish Federation of Tulsa, it’s Super Sunday, and I’m calling to say thank you for your support of Campaign.”

The few hours we donated were rewarding to us as we made connections with Tulsa’s Jews, some we knew well from our congregations or JFT committees and some we’d never met. Yes, many calls were picked up by voicemail, but even the personal messages we left had value. We spoke of the many ways JFT serves Tulsa and beyond, but also learned of the needs of some in our community experiencing hardships. The objective was to secure and reinforce the fabric of the Tulsa Jewish Community and we did just that, and that is what makes Super Sunday super. ■

Super Sunday 2022 Stats

30 volunteers

427 calls

151 donations

\$48,400 raised



Mark Lobo leading the blessing over wine at Lunch Bunch in the Sukkah in October 2022.



Mark Lobo making phone calls at Super Sunday phone-a-thon.

MEET THE AUSSENBERGS

by Hillary and Ben Aussenberg

Jewish life has always been important to us and is what connected us initially. We met at a Jewish young adult program in Denver, Colorado. Fast forward about 6 years later, we attended a Tulsa Tomorrow weekend. We felt strongly that this city and Jewish community were the perfect place for us and decided to move to Tulsa in early 2020. A vibrant Jewish community was vital in our decision on where to relocate. We immersed ourselves in the Tulsa Jewish community and it truly has made a positive impact on our lives. We spend a lot of our free time in different aspects of the Tulsa Jewish community, from attending JFT programs to being Tulsa BBYO advisors. Both of us enjoy giving back to BBYO because it is an organization that molded our Jewish identities as teens (in Tulsa for Hillary and Houston for Ben) and inspired us to both continue to seek out Jewish life in adulthood. We also both enjoy participating in JFT events such as Feeding the Soul, YJP Taco Tuesday, YJP Downtown/Black Wall Street Tour, and so much more! Recently, we hosted a Shabbatluck (Shabbat potluck for young adults) at our home as well attended the Campaign Kickoff Event and volunteered at the Super Sunday phone-a-thon. We have formed lasting friendships through these various programs and look forward to attending future events that continue



Ben and Hillary Aussenberg attending BBYO Beau Sweetheart as advisors

to enhance our growing community! We love this community that has welcomed us so graciously and feel compelled to encourage others to get involved with the Jewish Federation so we can continue making Tulsa a thriving Jewish community. ■

A YEAR OF PROGRAM GROWTH

by Isabella Silberg, Director of Programs

This year, we’ve had a total of 39 programs, including the launch of the new lunch-time program the “Lunch Bunch.” The three lunch bunch programs were heavily attended with various community members of all age. There was two overnight Shabbatons for different demographics, Young Jewish Professionals and Young Families. The back to school supply drive collected over 200 much needed classroom items for two neighborhood schools, McClure and Marshall Elementary. The Young Jewish Professionals drive for Purim collected and boxed nearly 300 mishloach manot packs for the Tulsa Day Center for the Homeless.

Enrollment for PJ Library increased 48.8% to the current number of 97 active families! Our young adult engagement has grown by over 50%. Our engagement and community building continue to grow thanks to new and old active members of the community!

Contact Isabella Silberg at isilberg@jewishtulsa.org for opportunities to get involved. ■



Families create holiday greeting cards at Super Sunday

JFT Programming 2022 Stats

33 Programs with 1093 total attendees

141 active PJ Library children 213 families served

Launched two new program series

UPCOMING EVENTS

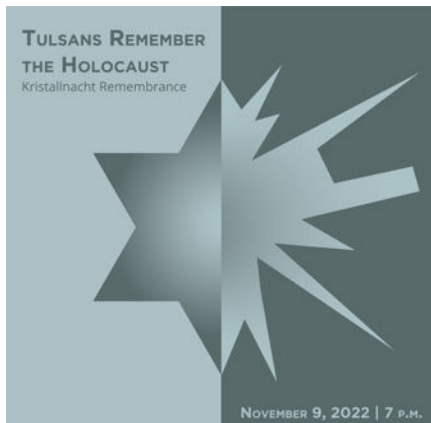


The Lunch Bunch | Wednesday, November 9 | 12:00 pm | Jewish Federation of Tulsa

This lunch and learn session will be with WWII Veteran and community member, George Krumme. Join us to learn more about George's life, war stories, and lessons learned.

Attendance can take place in person or virtually over Zoom. Optional lunch is available for purchase in advance for \$10. **Current and former military members eat free**

Register at jewishtulsa.org/lbnov9



Tulsans Remember the Holocaust | Wednesday, November 9 | 7:00 pm | Tulsa Community College, Southeast Campus

This event will be held in conjunction with a remembrance of the Kristallnacht, the Night of Broken Glass, which is considered the beginning of Holocaust. It is on the 84th anniversary of this devastating date in Jewish history. This is a collaborative event between Tulsa Community College, the Jewish Federation of Tulsa, The Sherwin Miller Museum of Jewish Art, and the Council for Holocaust Education.

Learn more and RSVP at jewishtulsa.org/kristallnacht22



Rosh Chodesh | Tuesday, November 29 | 6:45pm | Tulsa Air and Space Museum Planetarium

Rosh Chodesh is a time for women in our community to gather to mark the beginning of the new Jewish month, determined by the stage of the new moon. For this meeting, we will focus on the transitions happening at this time of year. We will recognize the changes from darkness to light, by marking the new moon with music, discussion, and build-your own candle craft activity. Snacks and drinks will be provided.

RSVP at: jewishtulsa.org/roshchodesh-nov

SAVE THE DATES

Lunch Bunch | Wednesday, December 7 | 12:00 pm

PJ Library Hooray for Hanukkah! | Thursday, December 15 | 5:00 pm

Young Jewish Professionals Chanukah Party | Saturday, December 17 | 7:00 pm

WHY TRAVEL TO ISRAEL?

by Chen Shoval, Israel Emissary

*"You have brains in your head. You have feet in your shoes. You can steer yourself any direction you choose."
—Oh, The Places You Will Go! by Dr. Seuss*

Maybe the right question is why travel at all? For those of you who have gotten to know me, you may have noticed that I'm a big fan of traveling. This is the reason that I became a tour guide 10 years ago, what led me to India for a 6-month trip—after my service in the IDF—where I met my husband Tal. And this is also one of the reasons that brought me to Tulsa.

Traveling is not always easy. Leaving your comfort zone, visiting a country with a different language and customs can be scary. Yet opening your eyes and hearts to a different culture, can make one grow in ways that cannot be experienced through a textbook, lecture or zoom program. As an Israeli, I always wanted to be a tourist in Israel, to experience Israel from an outside perspective. I experienced this recently when I visited after living in Tulsa for the past two years. I can see now how much Tulsa and Israel are different.

At a recent Midrasha class, I asked the teens why they should learn about Israel. One of the teens answered beautifully, saying that as Jews, it is important to see where our traditions started. Traveling to Israel is expensive, it can potentially be dangerous, and it requires traveling far—to the other side of the globe. So why travel to Israel?

Israel can fit inside Oklahoma seven times. The population in Israel is more than double the population in the entire state

of Oklahoma. If you add to the Israeli citizen population the Palestinians living in the West Bank and Gaza Strip, the population is five-times the population of Oklahoma. That is a lot of people in a very small area. Add to this, a blend of different languages, green mountains, deserts, the ocean, and ancient towns next to modern high-rise buildings, and you will encounter a diverse landscape with a rich history, amazing food and culture. Many Jews travel to Israel out of a sense of identification. But with what? Are they coming to learn about the land and people of Israel, or what being Jewish means to them? Exploring Israel through your own eyes and unique experience, will examine your own connection to Israel, if there is one. A trip of such magnitude can only be called a journey—a journey to explore one's cultural and/or religious roots. If you have traveled to Israel on such a journey, you will know exactly what I'm talking about, but if you have never been, 2023 may be the opportunity you have been waiting for. And as Dr. Seuss said, "You are off to a great place!"

Next year, Israel celebrates 75 years of independence. In the spring, the Jewish Federation of Tulsa is sponsoring a Young Jewish Professional trip to Israel. In the fall, the Jewish Federation is partnering with MOMentum, for an eight-day journey for mom's with children under 18, and in the fall we are planning a unique trip for culinary lovers, to experience Israel in a different way. More details will follow on all of our 2023 trips. Who knows, maybe 2023 is the perfect time to embark on your next journey! ■



Chen Shoval (back row, 4th from right) with the Educators group in front of the Western Wall in Jerusalem (May 2022).

THE POWER OF EDUCATION AND THE IMPACT OF ISRAEL ON JEWISH IDENTITY

by Susie Serafin, Educator

I was young and naïve. It was 1983 and I'd just left Israel on the ferry to Rhodes, Greece. The Ulpan and Kibbutzim experiences of the past few years would forever change me and how I'd live my future life. Years later, I ended up teaching Sunday and Hebrew School in my hometown of Syracuse, NY. When I moved to Tulsa a year ago, I fortunately found a home at B'nai Emunah teaching Sunday School; and I arrived just in time for the Jewish educator's trip to Israel this past June. When my daughter, who had visited Israel with us 25 years earlier, asked, "Can I go too?" I said, "Definitely!"

My daughter, Phoebe, and I are very close, and we knew this trip would be an exciting, bonding experience for us. What we didn't expect was how much of an impact the 8-day tour would strengthen our Jewish identity. Our group of educators, some with their loved ones, was very compatible and fun to travel with. Chen Shoval, the Israeli Emissary (Shlichah) at the Jewish Federation of Tulsa, our Israeli group mother, was our friend and emotional support; and Ilan Bloch was our personable, super knowledgeable tour guide. Both of them knew so much about Israel and truly guided us on each day of our Israeli adventure.

I remember a few days into the trip, Phoebe told me how proud she was to be Jewish. She wore her Star of David but hearing the words "proud to be Jewish" felt wonderful. I also realized and shared my feelings that this was a time of deep, personal growth for me too. We'd spent our first day in Jerusalem exploring the Ancient City of David and the Old City. Phoebe led a bunch of us through the knee-high water tunnel in darkness with the little plastic flashlights we bought. As we plodded through, just feeling the cool ancient stones in the narrow waterway and knowing the history of the tunnel impacted both of us.

Huge stones thousands of years old, above and underground, told us about our ancestors' lives and struggles. The Wailing Wall, Jewish Quarter, and markets invited us to join in and open ourselves up to our ancient Jewish culture and religion. Even standing in line for falafel with Israelis somehow was meaningful and memorable, because we were sharing the experience in a Jewish country with millions of Jewish people.

Then, we drove south for our experience in the Negev. At Masada the story of our ancestors' bravery and demise was profound. As we stood there watching the sunrise over the Dead Sea, in awe of the glory, we were beginning to feel that we were a part of a bigger picture, of a tribe of people who have survived persecution and picked up the pieces to start again, over and over, from the beginning of time. There was no doubt in our minds that this land belonged to the Jewish

people, our people. Phoebe and I were walking on sacred ground, hearing about our history, what an amazing feeling of pride to be Jewish!

We continued, visiting alternative Israeli schools and styles of teaching, Ein Gedi Kibbutz, Botanical Gardens, fresh dates, amazing food and hotels, archaeological sites, Yad Vashem and the Genealogical Museum in Tel Aviv, the Mediterranean Sea and sand, and the port city of Jaffa. We experienced the most crowded airport lines we'd ever seen and flew on the quietest 787 home. We made friends and made memories that will last forever.

Thank you to The Jewish Federation of Tulsa for sponsoring this trip for Jewish educators in Tulsa. From our tours of four Israeli educational programs, we aim to apply the ideas of building community, more parent involvement, artistic expression, and project-based learning to our educational programs here in Tulsa. Personally, as I begin my role as a Pre-K/Kindergarten Religious School educator at B'nai Emunah, I'm excited to weave Israel and Jewish pride into our weekly curriculum of Torah, Jewish songs and stories, and the joyous holidays we celebrate throughout the year. ■



Phoebe Morrin-Gross and Susie Serafin
in the City of David, Jerusalem

A RESTFUL SHABBAT WITH NEW FRIENDS

by Kira Corngold

We're always running a little late these days, trying to get out of town on time and make it to the lodge before sunset. We headed out to our first Shabbaton at Sequoyah State Park and made it with perfect timing.

Upon arrival we let the kids run around, soaked in the view of the calm lake, exhaled slowly, and felt the tension begin to melt from our shoulders. We checked into our cabin, and even had time to snap a photo of my husband and myself with the sunset before heading inside to start Shabbat.

My family and I have recently relocated to Tulsa and have felt warmly welcomed in the Jewish community. Several other families joined for the overnight trip, and as Shabbat began, we lit the candles, said blessings, and sang together in the warm glow. Chen's young son tore into the challah, and we felt the blessing of community.

The adults chatted after eating, resting in the company of new and known friends, while the kids ran around, played games, and colored. We moved outside to a campfire where we roasted marshmallows and made s'mores, adults still chatting and kids still running around, with even more energy after dessert. I do not know who was tired first, the kids or adults, but I do know it was a good beginning to a great Shabbat.

The next morning, my daughter headed to yoga on the lawn with her friend, and my husband, son, and I explored the area around the lodge. Following breakfast, we began our group nature walk. Chen said she noticed that Americans hike for exercise but in Israel people hike to be close to nature, observing and taking in their surroundings. We had a wonderfully Israeli hike, with pauses to find animal tracks, play animal charades with the kids, and, my favorite, find fossils in the rocks along the lakeside. We ended our hike at the nature center where we saw an otter (Harry P. Otter) and a coyote outside!

It felt too soon to end our shabbaton but as we left, we thanked Chen for arranging a restful trip that was full of beauty, peace, and community, a trip that came at the perfect time. We feel blessed to be making our new home in Tulsa with this wonderful Jewish community and can't wait until the next gathering soon! ■



Chen Shoval leading hiking on
Shabbat morning

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Earth Hand & Fire

TEMPORARY EXHIBITS

Earth, Hand & Fire: Ceramics by Lisa Goldfarb

September 8, 2022—February 20, 2023

Lisa makes contemporary pieces using the raku glazing skill with a variety of glazes. Her signature technique creations are slab built reliquaries. Although a ceramic piece may be created with a particular emotion in mind, Lisa loves the mystery and unpredictability of her end products.

Biblical Micro Calligraphy Art by Ellen Miller Braun

September 8, 2022—January 9, 2023

Calligraphy, writing, that is very small, micro. Using this tiny lettering, Ellen creates her flowing designs. The final creation is a picture completed entirely with words. This art style is also known as micrography. Ellen chose the term "micro calligraphy" to express her exacting work: tiny letters and words blending together to form the designs and figures on paper.



Biblical Microcalligraphy

CATCH IT BEFORE IT'S GONE

White on Black, Linoprints by A. Raymond Katz, 1933 | Now—December

Following his studies at the American Institute of Chicago and the Chicago Academy of Arts, Raymond Katz was employed by Balaban and Katz Theater Corporation to decorate movie palaces. His mural commission, *Ten Commandments* at Chicago's Century of Progress exhibition in 1933 was based on the Hebrew alphabet. Subsequent murals and stained-glass window designs commissioned by synagogues throughout America display symbolic images interpretive of Jewish traditions.



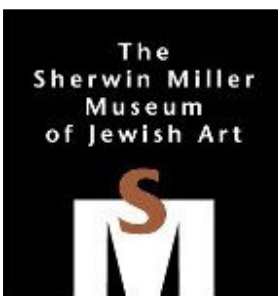
White on Black

Next Year in Jerusalem The Western Wall Through Art Exhibit | Now—December

Take a look through the museum's collection to find artistic impressions of the Western Wall through mediums including wood, paint, photography, metal, and more.



Next Year in Jerusalem



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Thursday/Friday 10am-5pm
Saturday/Sunday noon-5pm

www.JewishMuseum.org 918.492.1818

SMALL BUT MIGHTY

Article courtesy of the Tulsa Historical Society

The Tulsa Historical Society & Museum presented the Tulsa Hall of Fame awards on October 3 at Southern Hills. Since 1987, the Tulsa Hall of Fame has honored civic and business leaders, philanthropists, educators, artists and community volunteers — for their contributions to the city and people of Tulsa. This year's inductees included Eva Unterman, Dennis R. Neill, Peggy Tanner, Chip McElroy, Donna Dutton (The McElroy Family) and Steve Turnbo.

Eva's story is not new to our Jewish community. In the summer of 1939, Eva's family, the Wolman's were on vacation in Zakowice, Poland, and Eva herself was preparing to enter the first grade. What happened instead was the German invasion of Poland and the rapid confinement of Polish Jews. For four years she struggled through increasing deprivation, disease, forced labor, and the confiscation of her belongings.

All of this grew worse in 1944, when she was transported first to Auschwitz-Birkenau, and then moved to Stutthof and a labor camp in Dresden. On May 8, 1945, Eva was liberated after a forced march to Terezin.

Like many survivors in the years following the war, Eva worked to contain her experience. But prompted by an influential local educator, Eva gradually set her guardedness aside and since 1978 has become Tulsa's foremost Holocaust educator, institutionalizing her work with unique force and skill. The results are the Jewish Federation of Tulsa's annual Interfaith Holocaust Commemoration and the Council for Holocaust Education, a committee of the Jewish Federation of Tulsa. Eva leads a committee of passionate leaders who are committed to deepening the community's understanding of the Holocaust and raise the awareness and moral commitment of Tulsa's students and adults. She is a powerful political voice, fearlessly committed to the cause of refugees and migrants, along with environmental activism, and multicultural awareness.

Eva is a long-time board member of Congregation B'nai Emonah, challenging her peers to create positive social change and place the congregation on the front lines of social justice. In 2019, Congregation B'nai Emonah bestowed its highest honor upon Eva at its annual Touro Celebration. The event is named for Judah Touro, an early American Jewish community leader and activist who gave himself fully to the enrichment of Jewish life and the welfare of every community he lived in. ■



Eva Unterman photo by Laurie Biby Photography.



Eva Unterman poses with her family photo by Laurie Biby Photography.

FOR BODY AND MIND

by Holly Hughes

My yoga journey started in 2005 as an avid runner. I would run on the treadmill at the gym believing that it would be kinder to my knees and feet. I was wrong. I had severe pain in the bottoms of my feet and ended up discovering that my arches were falling. The doctor told me I could no longer run and to begin practicing Pilates and Yoga. I was less than excited about it but took the doctors advice. After attending yoga classes, I found that it actually gave me strength while also having a calming effect on me that I wasn't expecting.

When people think of yoga they usually think about it in one of two categories. It's either lots of chanting weirdness or you don't get a workout because it's just lazy stretching. Neither is correct! Yoga is exactly what you make it. In fact, that's what most teachers want you do with a yoga class. There are many different styles of yoga as well. Many know or have heard of Vinyasa Flow, Hot Yoga, Baptiste, and even Kundalini Yoga as forms of yoga practice. The class that I will be teaching is Hatha Yoga, the traditional form of yoga.

In class we focus on postures, breathing techniques, and meditation. Each pose strengthens or stretches the body in preparation for the meditation portion of class. Breathing and stretching techniques learned in class are designed to calm, center, and give you more lung capacity. The poses strengthen your abs and back muscles which creates more balance. All levels are welcome and different

modifications will be offered in class to meet you where you are in your yoga journey. Yoga is a great form of exercise and can help you to be more aware of your body mind connection.

Join me on the recently added evening classes on Tuesday and Thursday from 6:00-7:00 pm starting November 1! ■



Holly Hughes in a standing pose.



November Fitness Challenge : No Skip November

Achieve a weekly fitness goal! You can set a goal of working out 1 day or 6 days of the week. For work out, check off a box next to your name on our fitness tracker. Every week you meet your fitness goal, your name will be entered into the end of the month drawing. Join in on setting goals within a positive community that will hold you accountable and encourage you finish what you started! Five winners will be chosen at the end of the month and to win a JCC Fitness shirt!

Contact Fitness Manager, Hannah Bakewell, to join the challenge. Fitness@jewishtulsa.org or at the fitness desk.



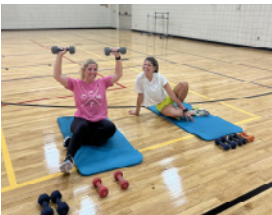
Camp Shalom "School's Out" Thanksgiving Break Camp Wednesday, November 23 | 8:30AM - 4:30PM

Camp Shalom's School's Out Camp is back! On Wednesday, November 23rd from 8:30AM - 4:30PM, we are hosting our Thanksgiving Break Camp. Available for children between the ages of 3 years old and 10th grade. Limited space available.

\$50 per child for a day full of fun activities with friends!

Register online at www.csjcc.org/schools-out-programs

Contact Martha Kelley, Deputy Director of CSJCC, with any questions at mkelley@jewishtulsa.org.



HOURS OF OPERATION

Mon-Thurs 6:00 a.m.—9 p.m.
Friday 6:00 a.m.—5 p.m.
Saturday 12:00 p.m.—5 p.m.
Sunday 9 a.m.—5 p.m.

NEW EVENING CLASSES!

Fitness Class Schedule - Fall/Winter 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9AM Muscular Endurance	9AM Circuit Training	9AM Midweek Movement	9AM Circuit Training	9AM Jukebox Jams
	10AM Barre Belles		10AM Barre Belles	
Noon Core & Conditioning	Noon Spin	Noon Bootcamp	Noon Spin	Noon Bootcamp
6PM Bootcamp	6PM Hatha Yoga	6PM Bootcamp	6PM Hatha Yoga	
	8PM Circuit Training		8PM Circuit Training	

Updated 10/26/2022

Barre Belles - Tuesday/Thursday 10AM

This is a low impact, classic barre exercise class that includes upper body weight work. With regular attendance, this class will improve your posture, align your chassis, boost that booty, tone arms & legs, increase flexibility, improve balance, strengthen the core and prevent back pain.

Bootcamp - Wednesday/Friday 12PM, Monday/Wednesday 6 PM

Bootcamp is a class of high intensity exercises that will keep the heart rate up and challenge your muscles. Perform strength exercises and cardiovascular activities using a variety of equipment from dumbbells to medicine balls and kettlebells.

Circuit Training - Tuesday/Thursday 9AM & 8PM

A fun-filled hour of muscular conditioning and cardiovascular conditioning. This class is a great way to get a full body workout at your own intensity level. Each participant receives a unique workout guided by Hannah and Benny based on each individual's goals and needs.

Core and Conditioning - Monday 12PM

Be prepared for a fun mix of exercises and movement patterns that will tighten, strengthen and shape your core! We will execute body exercises to improve our cardiovascular fitness, core strength, and challenge our body.

Hatha Yoga - Tuesday/Thursday 6PM

Hatha Yoga is the physical practice of yoga. These classes will guide you through movement that develops strength, flexibility, and your personal connection between, body, mind & breath. We will focus on deepening your understanding of the postures & basic alignment in the body, breathing, and relaxation techniques. Recommended Props: mat and blanket.

Jukebox Jams - Friday 9AM

Jukebox Jams is a low impact dance-fitness class perfect for beginner fitness levels. Jam out to 50's and 60's music while moving and exercising in a fun way!

Muscular Endurance - Monday 9AM

This class begins with 30 minutes of non-stop light weights. The free weight exercises are designed to work all muscle groups used in day to day activities. The second half consists of lower body exercises, standing ab work, and balance work.

Midweek Movement - Wednesday 9AM

Midweek Movement incorporates balance, agility, strength, and cardiovascular exercises all in one class! Each class teaches four exercises that vary from week to week, ending with a cool-down and stretching session.

Spin - Tuesday/Thursday 12PM

Spin is an indoor bike ride that is proven to achieve faster weight loss than any other indoor exercise. This class lasts for about 45 minutes with challenging spin intervals. The class is kept light and fun and keeps you on your toes, because you never know when Hannah will throw something new at you!

🚴 Mixed-level class - all levels welcome!

Anyone can Join. Everyone belongs. For more information contact: 918-495-1111

BRINGING JEWISH VALUES INTO THANKSGIVING

by Amanda Anderson, Executive Director of Mizel Jewish Community Day School

For many years, Mizel Jewish Community Day School has invited the community into the Barbara and Dave Sylvan Auditorium for an outstanding Thanksgiving kosher luncheon, cooked by our very own Alin Avitan and it is always delicious! As families throughout the country open their doors to friends and families to spend quality time together, the same goes for Mizel JCDS.

That being said, did you know the holiday of Thanksgiving is also profoundly Jewish? By this, I mean that the values we honor on Thanksgiving—thankfulness, gratitude, celebration, love, and service—are closely connected to Jewish values.

The first value is Hakarat Hatov: A Grateful Perspective.

At Mizel JCDS, we focus on kindness and encourage our students to be kind, not just around Thanksgiving, but every day. Our students talk about kindness, including what it looks like in action, and what it feels like to receive. This can help uncover the meaning and intent of this value. We encourage our students to acknowledge each other's kind choices and actions. They start noticing the good in each other and, by acknowledging it, encourage more kind acts in turn.

One of the projects our students participate in is the paper kindness chain. This creates a culture of kindness through a collaborative project. We discuss all the different forms of kindness – kind words, kind actions, kind hands, and kind thoughts. The children think of kind things that they have done or experienced that day and then write them on strips of paper. The students begin to develop a habit of recognizing kindness – and not taking each other for granted. We challenge the students to see how long we can make the chain and if we can make the chain go all around the room. In addition, it teaches gratitude and the importance of recognizing others.

The second value is Simcha: Joy and Celebration

We share a bountiful meal with family and friends as a Thanksgiving ritual. Food is a central experience in many Jewish holidays, including Shabbat, welcomed by Jewish families across the globe each week. Our students work hard on their table center pieces to showcase their learning and creativity. Simcha, considered the broadest word for joy, also notes complete happiness in its fullest sense, which is felt as we celebrate with our community.

Lastly our third value, Hachnasat Orchim: Welcoming Guests

Welcoming guests is a mitzvah! Hachnasat Orchim extends to making people feel honored, relaxed, and valued. Our community gathers together to put on a feast. Our parents and grandparents volunteer to help prep and cook some of the meal, taking time off to work to join us while our students and faculty showcase some of their wonderful artwork and school projects!

Last year we had over 100+ people in attendance. With a home-cooked meal, presentations from our students, and

community involvement, our school becomes part of a larger community. Greeting, sharing, and helping new friends who visit our community, class, or home are ways to welcome all guests.

By doing this yearly celebration at Mizel JCDS, our students are becoming part of a connected and meaningful custom and culture. They are learning about Jewish values that teach them how to live, behave, and treat the other people.

If you haven't made your reservation to join us this year at our Thanksgiving Luncheon yet, feel free to reach out to the school @ 918-494-0953. Reservations are limited! ■



Mizel students on a field trip to the Gathering Place for Tashlich.



MIZEL
FLO AND MORRIS MIZEL
JEWISH COMMUNITY DAY SCHOOL

Mizel Annual Thanksgiving Luncheon

Join us for a Kosher (meat) meal in celebration of Thanksgiving!

FRIDAY,
NOVEMBER 18TH

11:30 -
1:00 PM

at the Charles Schusterman JCC
Barbara and Dave Sylvan Auditorium

\$12 PER PERSON

RSVP by November 11th AAAnderson@mizelschool.org





Lynn and Stacy Schusterman at the ceremony (photo taken from eJewishPhilanthropy.com)

Lynn and Stacy Schusterman receive prestigious Carnegie Medal of Philanthropy honor

Lynn and Stacy Schusterman were honored in a private ceremony in New York on October 13 as recipients of the prestigious Carnegie Medal of Philanthropy, named after famed philanthropist Andrew Carnegie. Since launching Charles and Lynn Family Philanthropies in 1987, the Schusterman's have given more than \$2 billion through their philanthropy to causes advancing racial, gender, and economic equity through investments in areas such as K-12 education, democracy and voting rights, gender and reproductive equity, and criminal justice; and supporting Jewish communities and a secure, inclusive Israel. Lynn and Stacy are the first mother – daughter team to be recognized together and were part of the 2022 recipient class that spotlighted female philanthropists including Dolly Parton, Manu Chandraia, and Lyda Hill. Congratulations Lynn and Stacy! ■

LIGHT-UP CHANUKAH SWEATSHIRT PREORDER!

As seen around Tulsa during Chanukah 2021!
Preorder your own light-up Jewish Tulsa Chanukiah Sweatshirt!



2022 Design

This year's sweatshirts are a royal blue with silver menorah and battery powered LED flames.

Available in Adult and Youth Sizes!

Order by November 7 for pickup at the Jewish Federation of Tulsa. (Estimated pickup by the end of November)

ORDER AT [JEWISHTULSA.ORG/SWEATSHIRT](https://www.jewishtulsa.org/sweatshirt)



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Tulsa Bone & Joint Mourns the Loss of Founder Norman L. Dunitz, M.D.

Norm's most important professional achievement was bringing total joint replacements to Oklahoma. In 1969, he traveled to Switzerland to train with Dr. Maurice Mueller on hip replacements. Rather than wait months for the FDA response to his request to use necessary "cement" for the operation, Norm and his wife, Annette, made a personal appeal for approval in Washington D.C. Now total hip and knee replacements are ubiquitous, but Norm will always be known as the doctor who did the first one in Oklahoma.



Dr. Norman Dunitz
& Dr. Scott Dunitz

A Memorial Service was held September 22, 2022 at Southern Hills Country Club. In lieu of flowers, the family requests donations to the Orthopedic Research and Education Foundation, Tulsa Opera, Temple Israel, or B'nai Emunah.

"The pinnacle of my orthopaedic career was being able to follow my father and work side by side in the field of medicine we both love. He taught me so much about orthopedics and was a true pioneer in medicine. More importantly, he showed me that everyone, and every role, has value and is essential to achieving success. These are key components that I strive to emulate in hopes of coming close to the greatest orthopedist I have ever known, my father, Norman L. Dunitz."

- Dr. Scott Dunitz

Tulsa
Bone & Joint



Butterflies
*Honoring Donors
to the Zarrow Pointe*

FROM:

Yolanda Charney & Paul Kantor
In honor of Bobby Patterson
Albert Givray
In honor of Barbara Winder
Ann & Stan Shapiro
In honor of Jane and Mickey Katz
Susan Surchev

IN MEMORY:

Herbert Kramer
Eva Urban
Donna Van Slyke



DEDICATION OF JENNY'S SMILE

by Brian E. Brouse and Carol Windland

Mom loved living at Zarrow Pointe. She loved her apartment. She loved the food. She loved her tablemates. She loved the staff. She loved her caregivers. She loved the activities; she loved her family.

We are most sincere with the words on the dedication plaque. Thank you to everyone at Zarrow Pointe for making mother's time here a wonderful experience. It made her happy, and appropriately, we have named the art "Jenny's Smile." ■

As her children, we are grateful that Zarrow Pointe exists. The quality and care of the administrators, staff, food service, cleaning service, maintenance, nurses, doctors, programmers, and residents cannot be matched.

Our mom was a happy person. She liked people. In addition to working and raising a family, she knew the importance of being a volunteer and instilled that in her children.

She had a smile for everyone. It was infectious.

After her death, we wanted to do something for Zarrow Pointe. We had many discussions with Randy Cogburn and settled on an art project. Ever since we went to Italy in the summer of 1992, we have been fascinated with glass. Randy eventually turned to Janet Duvall, Executive Director of Tulsa Glassblowing School.



Jenny's Smile glass art display can be seen in the lobby at the entrance of Zarrow Pointe.

THE BRAVE JEWISH MOVIE STAR - LESLIE HOWARD ©

by Phil Goldfarb

Leslie Howard Steiner was a British actor best known for playing Ashley Wilkes in the 1939 blockbuster *Gone with the Wind*. His most important role, however, was off camera...and he gave his life for it.

Leslie Howard was born on April 3, 1893, to a British mother, Lilian Blumberg Steiner (1870-1939), and a Budapest Hungarian born-Jewish stockbroker father, Ferdinand Raphael Steiner (1864-1945), in Forrest Hill, Kent, England. Lilian was of partial Jewish ancestry—her paternal grandfather Ludwig Blumberg, a Jewish merchant originally from East Prussia, had married into the English upper-middle class to a Jewish Hungarian immigrant family.

Leslie received his formal education at Alleyn's School in London. Like many others around the time of the First World War, the family anglicized its name, in this case to "Stainer", although Howard's name remained Steiner in official documents, such as his military records.

As a 21-year-old bank clerk in Dulwich when the First World War broke out, in September 1914 he voluntarily enlisted (under the name Leslie Howard Steiner) as a Private with the British Army's Inns of Court Officer Training Corps in London. In February 1915 he received a commission as a subaltern (junior officer) with the 3/1st Northamptonshire Yeomanry, with which he trained in England until 19 May 1916, when he resigned his commission and was medically discharged from the British Army with neurasthenia (a medical condition characterized by fatigue, headache, and irritability, associated chiefly with emotional disturbance) related to severe shell shock.

On March 3, 1916, he married Ruth Evelyn Jessie Martin (1895-1980) in Colchester, England and they eventually had two children: Ronald Cecil Howard (1918-1996) and Leslie Ruth Howard (1924-2013)

Howard began his professional acting career in regional tours of *Peg O' My Heart* and *Charley's Aunt* in 1916–17 and on the London stage in 1917, but had his greatest theatrical success was in the United States Broadway



Leslie Howard & Olivia de Havilland in *Gone With The Wind*

theatre in plays such as *Aren't We All?* (1923), *Outward Bound* (1924) and *The Green Hat* (1925). He became an undisputed Broadway star in *Her Cardboard Lover* (1927). He wasn't just an actor – Leslie also produced and directed plays. In March 1920, Howard gave public notice in *The London Gazette* that he had changed his surname and would thereafter be known by the name of Howard instead of Steiner.

In British and Hollywood productions, Howard often played stiff upper lipped Englishmen. He appeared in the film version of *Outward Bound* (1930), though in a different role from the one he portrayed on Broadway. He had second billing under Norma Shearer in *A Free Soul* (1931), which also featured Lionel Barrymore and future *Gone With the Wind* rival Clark Gable six years prior to their Civil War masterpiece.

After starring as Peter Standish in *Berkeley Square* (1933) to rave reviews in New York, Howard moved to Los Angeles to reprise the role for the film version for which he was nominated for an Academy Award for Best Actor, and his movie career took off. Ironically, he specialized in playing the perfect upper-class English gentleman, though he was actually from a family of Eastern European Jews.

Leslie starred in a string of Hollywood hits, including *The Scarlet Pimpernel* (1934), *Of Human Bondage* (1934), *The Petrified Forest* (1936), *Pygmalion* (1938 which he also directed and was nominated for an Academy Award), and *Intermezzo* (1939). Howard is perhaps best remembered for his role as Ashley Wilkes in the classic *Gone with the Wind* (1939), his last American film.

When Howard co-starred with Bette Davis in *The Petrified Forest*, he insisted that Humphrey Bogart play gangster Duke Mantee, repeating his role from the stage production. This re-launched Bogart's screen career, and the two men became lifelong friends; Bogart and Lauren Bacall later named their daughter "Leslie Howard Bogart" after him.

Being uncomfortable with Hollywood, Howard bought out his contract, sacrificed his royalties, and returned to Britain to support his countrymen as WWII broke out. As both an Englishman and a Jew, Leslie wanted to use his talents to fight Hitler. He became the chief propagandist for the Allied Forces, making propaganda films for the Ministry of Information, directing himself and co-producing in several flag-waving films about the need to fight the Nazis. These films included *the 49th Parallel* (1941), *Pimpernel Smith* (1941, a movie about freeing young Jewish refugees from the Nazis, and which won in 1946 the Most Entertaining Film at the Locarno International Film Festival) and *First of the Few* (1942, known in the U.S. as *Spitfire* which was about the designer of the Spitfire, a British single seat fighter aircraft which bolstered morale during the Battle of Britain). He also made *The Gentle Sex* (1943) about women's contributions to the war effort. In addition, he broadcast letters to America designed to bring the neutral USA into the war and had visited Ireland on a bridge-building mission to the anti-British premier Eamon de Valera.

In 1943, Leslie traveled to Spain and Portugal to lecture about the Nazi threat, working to persuade its leader, General Francisco Franco, not to join the Axis powers.


The evading general was said to have enjoyed *Gone With The Wind* and was supposedly open to a link between the Spanish and British instead.

On June 1, 1943, Howard boarded KLM Royal Dutch BOAC flight 777 in Lisbon to return to Great Britain. Six German Junkers Ju88 fighters dived in to attack the defenseless Douglas DC-3 aircraft. The aircraft was shot down over the Bay of Biscay because the Germans believed that Prime Minister Winston Churchill was aboard, when in fact it was Leslie Howard's tax advisor and agent, Alfred Chenhalls, a rotund, bald, cigar smoking individual who bore a close resemblance to Churchill. The prime minister was in Algiers at the time, surveying progress in the Mediterranean and was expected to fly back any day. All 13 passengers and the Dutch crew of four were killed and no trace of the plane has ever been recovered. He was 50 years old.

Leslie Howard was awarded a star on the Walk of Fame in Hollywood posthumously dedicated on February 8, 1960.

Phil Goldfarb is the president of the Jewish Genealogical Society of Tulsa and can be e-mailed at: phil.goldfarb@cox.net Have you joined the Jewish Genealogical Society of Tulsa yet? Still only \$18.00/year after 17 years! ■

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A REUNION LOVE LETTER TO OUR TULSA 1960S BBYO YEARS

Sealed with kisses from The Planning Committee

Bobbi Rubin Warshaw, Janet Dundee, Bette Schlanger Wozobski, Linda Levin Dubois, Brian E. Brouse

For some of us, it has been over 60 years since we were teenagers in Tulsa, our hometown. Religious school and Shabbat services provided weekly gathering places where we could socialize with our Jewish friends.

We needed more. We were eager to broaden our friendships and involve ourselves in the sorts of activities other teenagers around us were doing.

Many of us joined a Jewish club called BBYO, B'nai B'rith Youth Organization: Nona Bloch Salomon BBG for the girls and Feenberg-Rubin AZA for the boys. For some, this was the answer to that search for wider Jewish lives.

Through BBYO, the Tulsa Jewish community provided us with loving mentors, our BBYO Advisors who gently steered us as we were coming-of-age, yearning to spread our wings, but timid about leaving our hometown nests. Surrounded in Tulsa by a world of other faiths, in BBYO, we were able to practice Jewish values, holidays, rituals, and mitzvot. Our parents and grandparents joined us in our programs, supported our adventures, and dreamed of a better life for us than they might have had.

Our families taught us traditions, which we turned into BBYO activities that honored our ancestors and anchored our teenage selves. In this period of our lives, we had a safe place to be Jewish. We linked arms and held onto good friends and joyful times. In BBYO, we learned to plan, lead and follow, to experiment with our talents and creativity, to have fun, and develop lasting memories that today still bring us joy as we remember what we did and learned.

On August 28, 2022, 86 BBYO alums gathered on a Zoom call to celebrate our BBYO years. We renewed friendships and shared memories of our hometown. We could see our friends' beautiful faces and hear voices that rang true from our youth.

Living in multiple cities across the world, no longer able to link arms in a friendship circle, we were able to spend 1-1/2 hours linking hearts and minds, able to say "Hello" to our dear friends. We joked and we laughed. "Do you remember?" was the question we asked. "What are you doing now?" produced stories of our lives over the last number of years.



Nona Bloch Salomon BBG Chapter Photo 1965



Feenberg Rubin AZA Chapter Photo 1962

"What has happened in Tulsa, our hometown?" was a question that provided the amazement we felt when we spoke about Penningtons, the Lousianne restaurant, Meadowbrook Country Club, our friends' homes, the high schools from which we graduated, and for many of us, our meeting place at the home of Marge and Doc Rubin.

What, after all, is the purpose of a Reunion? It is a time to reconnect, to say "we were once here in Tulsa as a bonded group of friends". We have roots in Tulsa, whether we live here or not, whether we have visited our hometown or have never been back. Those years served as a foundation for our lives over the past 60 years.

On this Zoom call, we looked in the mirror of our youth and found that, in our hearts and minds, the season of our lives was once again spring. Our Tulsa 1960s BBYO Reunion, although virtual and not in-person, lifted our spirits and brought joy to 86 of our friends. Our Facebook page and our email messages have proven to be the staging ground for remembering our teenage years.

What does the future hold for us? It will be a 2023 In-Person Reunion in our hometown where we can celebrate those teenage years and what they meant to us, how those years molded and strengthened us, and have never been forgotten.

For 8 months, our Planning Committee searched and developed the following:

- Found 422 names of Jewish Tulsa teenage friends (1950-1972)
- Memorialized 90 of those no longer with us
- Honored our BBYO Advisors
- Shared photos of our BBYO days in a 10-minute video at our virtual reunion
- Gave us an opportunity to see and talk to those who attended
- Recorded the virtual reunion to be watched over and over again
- We laughed and were amazed at what we accomplished
- Established a private Facebook Page for our friends with 117 members
- Created an email list of 195 people
- Heard reassuring words from David Finer that Tulsa BBYO is alive and well!!

What did we learn from planning our Tulsa 1960s BBYO Virtual Reunion? We learned that the time is now! We don't want it to slip through our hands. The season will be spring for us, at least one more time, in 2023. ■

BLATT + BLUE: GOLDEN VOICES THURSDAY, NOVEMBER 10

A film of surprising insight, honesty and sentiment, Evgeny Ruman's *Golden Voices* focuses on recent Russian immigrants, Victor and Raya. Sent to live in small-town Israel, they are overwhelmed by the task of finding employment and making their way in a culture that does not speak their language. Both are highly regarded voice-over artists with established careers in the adaptation of world-cinema treasures for Russian filmgoers. Adrift in Israel, they cannot find work that rises to their expectations.

Eventually, Raya lands a job in a call center for phone sex. Victor reacts furiously but cannot find his footing in the world of Israeli cinema. Complications ensue involving one of Raya's customers, who demonstrates tenderness and a forlorn charm to his lonely phone partner. The film ends on a note of sweet redemption and tattered hope.

All of this will be matter for discussion in the next session of Blatt + Blue on November 10 at 7:00 p.m. Potential participants can see the film for a small rental fee. Call the Synagogue at (918) 583-7121 if you have any difficulty locating the program at home.



Blatt + Blue is one of the longest-running projects at the Synagogue during the period of the pandemic. Born in March 2020, it has run without a break for thirty-three months, spotlighting a diverse and provocative roster of films and television. The series expresses the Synagogue's own commitments to an inclusive and pluralistic vision of the Jewish world. No single endeavor can capture the whole of the Jewish experience.

No single institution can exhaust the rich possibilities of Jewish life. Film and television enthusiasts David Blatt and Alice Blue begin each session with a summary of the featured material. It means that you'll be able to follow the conversation even if you must delay your viewing of the episodes themselves. After that, it's questions and comments from the Zoom Room audience.

Join the discussion in the Synagogue Zoom Room with two dozen regular participants. The Zoom meeting ID is 918 583 7121 and the session will conclude at 8:00 p.m. If there is a film or broadcast you'd like to see in these sessions in the future, please reach out to Rabbi Marc Fitzerman at marboofitz@bnaiemunah.com. ■

THE SYNAGOGUE CONGREGATION B'NAI EMUNAH

Shema: Babies Jewish Music Class Sunday, November 6 • 10:30 a.m.

Join us for the next gathering in a series of Jewish music classes for babies and their adults! We'll blend the best of what we know about early childhood education and the joy of Jewish music for this class geared towards kiddos 2 and under with their adults. This will center around gratitude as we sing, dance, move, and explore together at the Synagogue. Interested in joining us? Please be in touch with Morah Sara at slevitt@bnaiemunah.com.

Seventeenth Street Deli Sunday, November 6 • 5:30 to 7:30 p.m.

In the kitchen of the Seventeenth Street Deli, we do things right. Slow cures, too much pepper, and lots of love. Our pop-up restaurant is back with in-person seating and take-out

dinner service available between 5:30 and 7:30 p.m. on Sunday, November 6. Please pre-register for your meals at tulsadeli.org and choose between pastrami, corned beef, or deli egg salad. You can call us at 918-583-7121. A complete meal is \$18. Register soon before all the spots are gone.

Shabbat for Everyone | Friday, November 18 6:15 p.m. Dinner • 7:00 p.m. Celebration

Just like the name suggests, it's an accessible, kid-friendly, musical Shabbat experience for everyone! Newcomers and experienced community members come together to sing, dance, and welcome Shabbat alongside one another. A catered dinner precedes the musical celebration. Let us handle the cooking and cleaning so you can relax into the weekend and Shabbat with family and friends. No reservation is necessary for the celebration, which begins at 7:00 p.m. But please call the Synagogue Offices or visit our website to make

reservations for the 6:15 p.m. dinner. The service will be broadcast live on Zoom at 918 583 7121.

Lifelong Learners Wednesday, October 19 • 11:30 a.m.

Ageless seniors from every corner of the community are invited to join Rabbi Kaiman at the Synagogue for lunch and rabbinic storytelling from the literature of our civilization. The session will begin at 11:30 a.m., and a bus leaves from Zarrow Pointe at 11:00 a.m. each time. No charge for transportation (you may, of course, come in your vehicle), and lunch from Queenie's will be provided. It's our pleasure to provide this service in cooperation with our fellow Jewish institution. Please reserve your spot by calling the Synagogue at 918-583-7121 or emailing programs@bnaiemunah.com.

DR. STEPHEN AND ELLEN ADELSON TO BE HONORED AT TOURO CELEBRATION ON DECEMBER 16

Congregation B'nai Emunah is delighted to announce that its 2022 Touro Award honorees will be Dr. Stephen and Ellen Adelson. A joyful celebration in their honor will take place in person and on live digital broadcast on Friday evening, December 16. The entire community is invited to be present in tribute to the Adelson Family.

Ellen and Steve have been mainstay contributors to Jewish life in Tulsa for decades. Steve was a longtime member of the Synagogue Board of Directors and capped his career in 2020 by becoming B'nai Emunah's only Board Member for Life. Ellen has served as a role model and the conduit for her parents' and grandparents' generational commitment to the Synagogue and Jewish institutional health in Tulsa. Every campaign for the preservation and development of the local Jewish community bears the imprint of Adelson Family generosity.

Steve and Ellen's impact on the general community has been no less important or lasting. Together with like-minded pediatric physicians, Steve built a practice which served children from every part of Tulsa across lines of class, race, history, and socio-economic status. He was instrumental in closing abusive mental health institutions which put generations of challenged children at risk. Ellen has paired a substantial private social work practice with public involvement on the boards of Cornell University and



the University of Tulsa, building forward movement for the causes of inclusion and opportunity. She has taken a deep interest in the local mental health community and the core collection of rare materials at the McFarlin Library.

This year's Touro Celebration will offer an opportunity for every member of the community to participate. A musical Shabbat celebration will begin in the Sanctuary at 7:00 p.m., followed by the tribute to the Adelsons. The

evening will conclude at 8:30 p.m. with a lavish champagne kiddush prepared by members of the congregation and friends of the Adelson Family. While there is no cost to attend the Touro event this year, the Synagogue hopes that those who feel moved will make a generous contribution in the Adelsons' honor. Contributors will find a digital form for this purpose on the Synagogue website at www.tulsagogue.com. Official invitations will be sent to every member of the congregation and the Jewish community.

In addition to honoring the Adelsons, the Touro Celebration stands as a tribute to the life and works of Judah Touro, American patriot and Jewish philanthropist, who modeled a commitment to the Jewish community and the world at large, building public institutions that were crucial and enduring when American Jews were at the beginning of their career as public actors in the American story. ■

INTRO to Judaism Continues Sunday, November 6 • 10:00 a.m.

Looking into Judaism? Born Jewish and want to know more? Sharing your life with a Jew and want to crack the code? INTRO explores Jewish culture, history, and wisdom in a setting where questions are more important than answers. Classes are joined with beautiful Shabbat celebrations, supportive discussion groups, and many opportunities for interactive, experiential learning. As we move into November, we continue our Introduction to Judaism Course which is affiliated with the Miller Intro Program at American Jewish University. Students are welcome to join along the way. For more information or to register, visit tulsagogue.com/intro

Afternoon/Evening Services Every Wednesday and Friday • 5:30 p.m.

Each week, we gather to experience traditional daily prayer and establish

a quiet space for those mourning a loved one or observing the anniversary of a loss (yahrtzeit). All use these opportunities to recite a communal Mourner's Kaddish. Both gatherings take place in the Synagogue's Davis-Goodall Chapel, with full participation available both in-person and through the Synagogue Zoom Room. We ask that in-person attendees register in advance on our website. Friday gatherings always occur in the Synagogue Zoom Room at 918 583 7121.

Shabbat Morning Services Every Saturday • 9:30 a.m.

Each week, we convene on Saturday morning to sing the liturgy of the tradition, study the weekly Torah portion, and spend time amongst family and friends. All are welcome to participate in this experience in person or on Zoom. Members and friends can access the Synagogue Zoom Room at 918 583 7121.

Bar Mitzvah of Simon Jeffy

Simon Milo Jeffy, son of Kate and Elon Jeffy, will become a Bar Mitzvah on Saturday, November 12th, at Congregation B'nai Emunah.

Simon is a 7th-grade student at Monte Cassino Middle School, where he is an honors student. He enjoys playing video games and basketball and is on the academic bowl team at school. Simon has attended B'nai Emunah Sunday school for many years and has been preparing for his Bar Mitzvah under Greg Raskin's tutoring and Morah Sara Levitt's guidance for nearly a year.

As he leads the Shabbat service, Simon will be surrounded by his family and friends, including his brother, Oliver, and out-of-town family from California, Arizona, and New York. Simon is the grandson of Ed and Anita (of blessed memory) Ulrich of Tulsa, Oklahoma, Allan and Elaine Jeffy of Tulsa, Oklahoma, and Shari Burks of Phoenix, Arizona.



My G-d: Defining the Divine

Nothing is off-limits as this refreshingly open course asks piercing questions about G-d and delivers profound, insightful answers. An enlightening study into G-d's nature, G-d's goal for creation, human experiences of G-d, the role of religion, and the function of miracles and prayer, this course promises to satisfy your questions, including those you didn't know you had.

Six Monday Evenings, starting October 31, 7 - 9 pm.

Charles Schusterman JCC
2021 E 71st Street

A Zoom option will be available.

Fee: \$55 (textbook included)
Scholarships available. Just ask.

To sign up, or for more information
jewishok.com | JLI@JewishOK.com | 918-492-4499



David Dopp



Levi Olsen



BOULDER AT FOURTEENTH, TULSA, OKLAHOMA 74119
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Challenges of Reform Judaism on Zoom

Thurs., Nov. 3, 10 & 17 • 2:00 p.m.

Join us as we look at the societal challenges the Reform Movement has faced throughout American history. From the ethical question of slavery during the Civil War era, to Interfaith Marriage in the synagogue; from the early foundations of Zionism, to the Jewish response to LGBT in the latter 20th century; from the 1950's Encouragement to seek out the Convert, to the 1970's Rabbinical Ordination of Women.

Tot Shabbat in person

Fri., Nov. 4 • 6:00 p.m.

During Tot Shabbat Rabbi Jasper and Cantor Weinstein create a sacred space for our young families with songs, prayers, and an activity. Stay for the complimentary dinner. RSVP by Tuesday, Nov. 1. Contact Rabbi Jasper at rabbitzvia@templetulsa.com for more information.

Shabbat Service w/Torah in person, on Zoom & Facebook Live
Fri., Nov. 4 • 7:30 p.m.

Join the Temple Israel Clergy Team in person or online as we welcome in Shabbat with the chanting of Torah.



Recently Temple Israel added two new members to our team. Please meet our Temple Israel Clergy and staff (from left to right).

Klara Bode (Director of Finance and Administration), Jory Budd (Accountant), Jenny Labow (Administrative Assistant and Cantorial Soloist), Rabbi Michael Weinstein, Cantor Laurie Weinstein, Engagement Rabbi Tzvia Jasper, and Lesley Bumgarner (Director of Congregational Life).

Zamru L'Shabbat & Congregational Dinner

Fri., Nov. 11 • 6:00 p.m.

Celebrate with Cantor Weinstein, Cantorial Soloist Jenny Labow, and Elijah's Minor Prophets, in person or online as we welcome Shabbat with joyous songs! Stay for a delicious Congregational Shabbat Dinner catered by Jeff Marlow, Chef of the Food Bank of Eastern Oklahoma.

Young Adult Havdalah

Sat., Nov. 12 • 7:00 p.m.

Please join Rabbi Jasper for a Havdalah and hang! Stay tuned for more details.

Social Justice Shabbat Service in person, on Zoom & Facebook Live

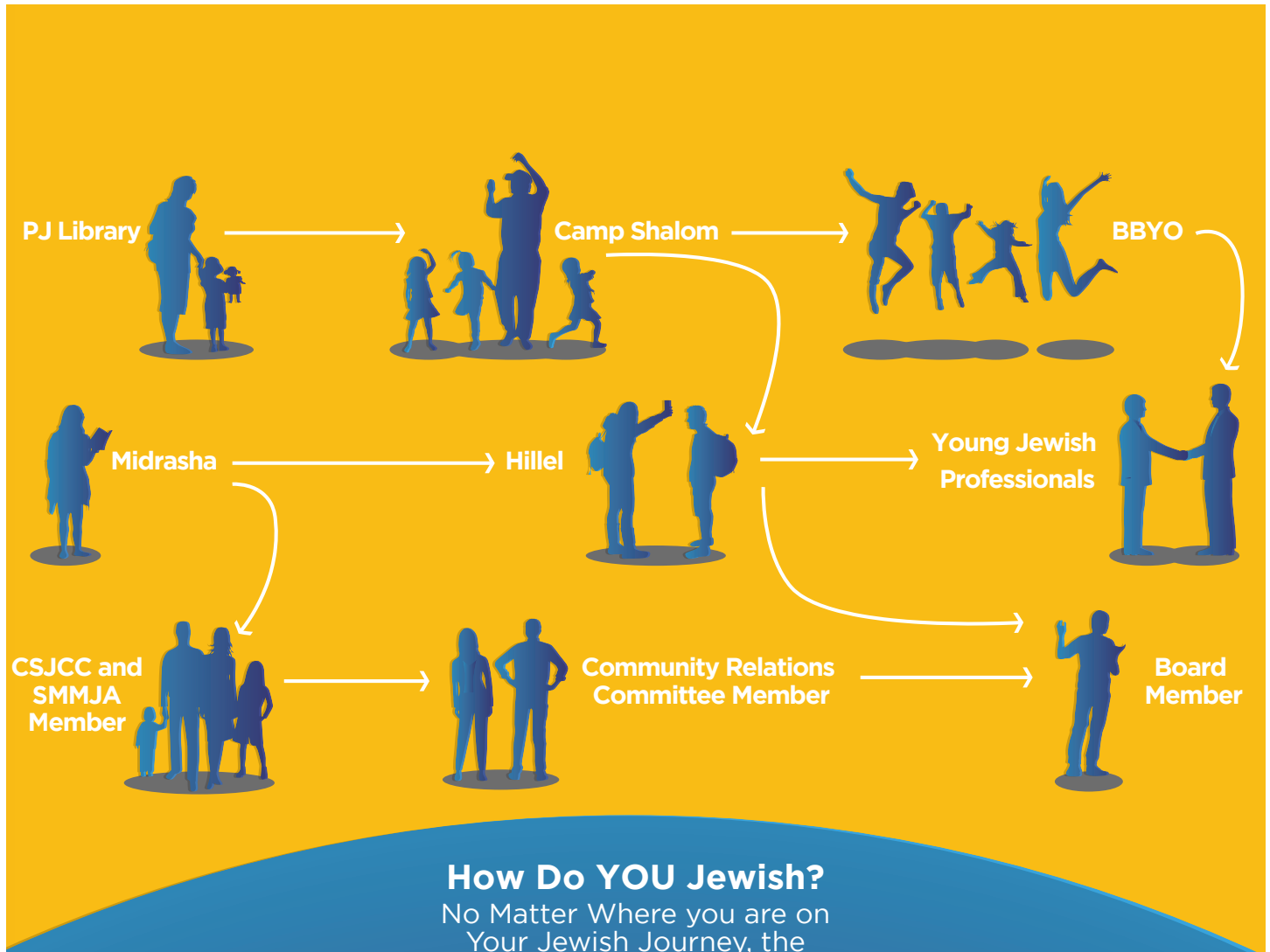
Fri., Nov. 18 • 6:00 p.m. Temple Israel will honor the Food Bank of Eastern Oklahoma on Social Justice Shabbat. Join us at 5:30 p.m. for a pre oneg.

RSVP to rsvp@templetulsa.com for the Zoom link.





Jewish Federation of Tulsa
2021 East 71st Street
Tulsa, OK 74136



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