

# TULSA *Jewish Review*

Shevat/Adar 5781  
February 2021

## SUPER SUNDAY OVER THE YEARS



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SHEVAT/ADAR 5781  
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# Super Sunday is Sundae Funday

by ALIX LIIV CAPLAN, DEPUTY DIRECTOR OF OPERATIONS

**SUPER SUNDAY** is a powerful day when volunteers, donors, and community members come together to make a difference. It is the largest one-day phone-a-thon fundraising effort of the year, with every gift supporting our community's Jewish Federation of Tulsa's Annual Campaign.

This year, Super Sunday is scheduled for Sunday, February 21, from 1 p.m.-3 p.m. Tyler and Ryan Coretz are the co-chairs. Volunteers will come to the JCC and make calls from the comfort of their own cars. This unique take on the day is due to the nature of the times and COVID-19. Our members, volunteers, and donors' health and safety are of the utmost importance to us. Jewish life is all about community and connection. We must continue to allow those core values to guide us in the work we do, safely and securely. There will be ice cream sundaes for your enjoyment – a cheeky play on the theme Sundae Funday.

Jerry Dick, from the Jewish Federation of Greater Washington, created Super Sunday in 1980. The Super Sunday phone-a-thon is an annual fundraising event held by many of the 146 Jewish Federations in North America. The phone-a-thons are typically expected to raise most of the budget for the federation and its constituent agencies and organizations. I am sure many of you reading this have fond memories of making calls and socializing back in the day. And for those of you who do not yet know this tradition, I hope that you will feel inclined to make this a part of your annual tzedakah. This tradition should remain, as it is an opportunity to connect, form relationships with people in the community, and to make a difference. This is where the real reward comes into play.

Super Sunday is also a great day to learn more about how your Campaign contribution makes a difference in the lives of so many Tulsans. These moments of impact are shared and relayed to the community.

I ask you to start the 2021 year off by giving back and spending the day with the Jewish Federation, raising vital funds to serve the Tulsa community and supporting Jewish life and learning.

Bring your friends. Bring your neighbors. And don't forget to bring your cell phone to make those important calls!

Please sign up to volunteer by emailing me at [alix@jewishtulsa.org](mailto:alix@jewishtulsa.org) or calling me on my cell phone at 917 439-1991. ■



## COVER PHOTOGRAPHS

Left to Right; Top to Bottom: Russ Newman, Brina Reinstein & David Halpern, Sara Sanditen, Judy Miller, Mark Lobo, Marcia Weinstein, Sidney & Jenny Brouse z"l, John Clayman & Jon Stolper and Fred Strauss z"l





# JFT Event Recap

## Geopolitical Lecture Series

As part of Israel and the Diaspora programs, this month we had two interesting, informative, and innovative lectures led by David Oman about the geopolitics of Israel and the Middle East.

We learned the history of the region and the complicated relationships built over the years. David also shed light on the new “Abraham Accords” and the new normalizations in the Middle East.

We learned about the difference between the Shiite Islam and Sunni Islam and the main players and forces that affect the global geopolitics.

Our next and last lecture will be on Wednesday, February 3rd, at 7 p.m.



## A Dog's Body Language by Tal Yogev

On December 22nd I got to do one of my favorite things, teach people to understand their dogs better. We met about 50 friends from our community on Zoom and some guests from the Oklahoma City Jewish community. We talked and learned about a dog's body language – the way their bodies tell us what they are feeling, from a fun and playful “play bow,” through the stress-relieving calming signals, all the way to growling and snapping. They talk all the time, but, as we learned, we usually don't notice and just don't speak “dog” that fluently.

“Dogs have been man's best friend for centuries, and it's time to be their best friend as well.” (Nuvi Carmel, founder of Marker Training school in Israel, where I worked managing and teaching before coming to Tulsa.) The greatest thing we all can do for our dogs is to watch them and their body language and learn what they are trying to tell us. Dogs and teaching people about Force-free dog training is a huge part of my Israeli experience, and I'm very happy you got to experience it with me.

## Hanukkah Scavenger Hunt

After rescheduling this event due to snow, we had a beautiful Sunday for the scavenger hunt. Families arrived at the JCC where they were given supplies to decorate their cars with colors, balloons, and strings. In their own vehicle, the families went on a scavenger hunt through five different stations around the city that were all about Hanukkah. After the hunt we announced the winners while enjoying yummy Sufganiyot and Dreidel playing.



# JFT Upcoming Events



## Virtual Tour to Kikar Sedom and the Dead Sea

Join us on Sunday, February 7th, at 6:30 p.m., to discover one of Israel's most interesting regions. It's full of nature, ecological phenomes, ancient and modern culture of prosperity, trades, agriculture, and living.

In the virtual tour, we will visit our new partnership community- Kikar Sedom. We will take a closer look at the Israeli-Jordanian border, and we'll hear the stories of many civilians that lived in that region along with the history.

The tour will be led by Yoni Shtern, a licensed tour guide and tourism consultant.

## Men's Club | Wednesday, February 10th at 12 p.m.

For men of all ages, join us at noon for a speaker and lunch program. Our speaker will be new JFT staff person Joy Platt.

RSVP to Isabella at [isilberg@jewishtulsa.org](mailto:isilberg@jewishtulsa.org) for the Zoom link.

Save the Date: Wednesday, February 24th at 12 p.m. for our next get together.



## Super Sunday | Sunday, February 21st from 1 p.m.-3 p.m.

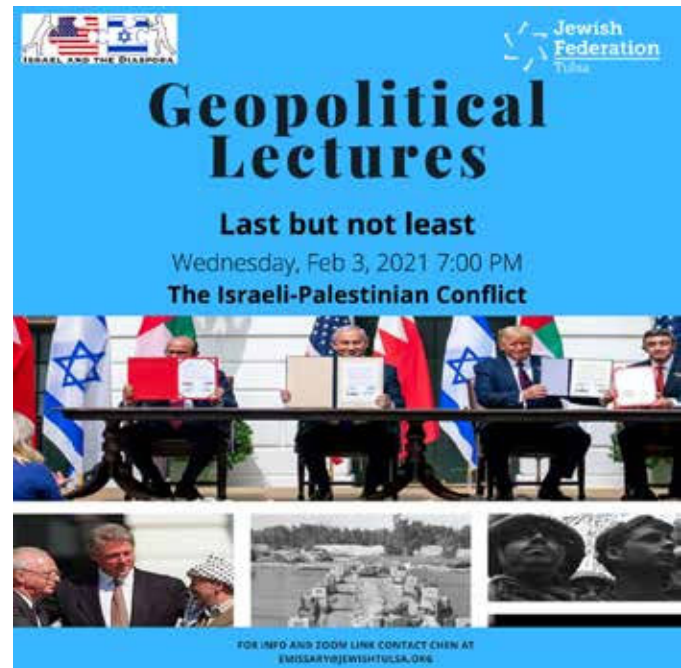
Join us in the JCC parking lot for phone calls and sundaes to raise money for JFT's 2021 Annual Campaign!

Contact Alix at [alix@jewishtulsa.org](mailto:alix@jewishtulsa.org) with questions.



### Geopolitical Lecture Series | Wednesdays at 7 p.m.

The last lecture of the Geopolitical Lecture Series will focus on the Israeli-Palestinian conflict and give a closer look into the core issues and unfolding realities. The lecture will be led by David Oman, who has worked in the Middle Eastern Geopolitics and Israel Advocacy fields for several years: guiding tours, writing, lecturing, and presenting in various forums including the EU, UK, and Spanish parliaments.



## Reuvin Rubin

by MICKEL YANTZ, SMMJA DIRECTOR OF COLLECTIONS AND EXHIBITIONS

***“I paint what I love: my people, my family, my country. To paint means to sing, and every artist must make his voice heard.” - Reuven Rubin***

**I**n 1912, at the age of only nineteen, Rubin used his last few coins from the sale of his bicycle to make the journey to the Holy Land from Romania. After 1500 miles, he reached the Ottoman-ruled Palestine.

Once in Jerusalem, Rubin became a pupil of Professor Boris Schatz, a Lithuanian Jewish artist and sculptor, at the Bezalel School of Arts and Crafts. The Bezalel School is synonymous with more than 100 years of Israeli art and innovation, as it hosted numerous generations of graduates spearheading Israeli artists, designers, and architects.

Rubin wanted to portray his own country's landscape and sought out current styles in Europe to simulate this. By doing so, he was one of the first to rebel against his beloved teacher and his teachings. In keeping with the spirit of the time, Rubin's landscapes from the 1920s were defined by both a modern and a naive style, portraying the landscape and inhabitants of Israel in a sensitive fashion. His landscape paintings in particular paid special detail to a spiritual, translucent light.

In 1921 he traveled to the United States with his friend and fellow artist, Arthur Kolnik. There he shared a studio in Cernăuți. In New York City, the two met artist Alfred Stieglitz who was instrumental in organizing their first American show at the Anderson Gallery. Following the exhibition, in 1922, all three returned to Europe. Rubin once again found himself creating art in Palestine, becoming one of the founders of the new Eretz-Yisrael style. Biblical landscape, folklore and people, including Yemenite, Hasidic Jews, and Arabs were recurring themes in his work. His works from the 1920s are perhaps his most important, yet most rare.

The works of early Israeli artists, including Mark Chagall, illustrated the creation of a Hebrew and Zionist culture in the Land of Israel based on the foundations of their Jewish past, but at the same time idealistic and optimistic, using symbolism and utopian colors.

In 1926, the Palestine mandate government bought his large canvas “My family” and presented it to the Tel Aviv museum. After doing so, Rubin wrote in *Menora*, a periodical journal that appeared at the time, “There in Jerusalem, in Tel Aviv, in Haifa, and in Tiberias, I feel as if I were reborn. Here, life and nature are mine; dispelled are the grey clouds of Europe, and my sufferings too are at an end, the war is ended. All is bathed in the sun's splendor, in the clear light, in the happiness of creative work ... just as the desert comes to life and flourishes under the hand of the pioneer, so do I feel myself the re-awakening of my latent powers.”

The SMMJA is exhibiting its collection of Reuven Rubin in 2021. It is located on the first floor and includes new donations from the Guterman Family. ■



*The Prophets Suite*  
by Reuven Rubin

## Aunt Beth's Blintz Souffle

by ZAC WAXMAN

**M**Y AUNT HAS a reputation of not being a cook, but this recipe has been a family staple for many years. I have memories of visiting my KC family and this being served on Sunday brunches coming out way too hot and paired with frozen fruit. It's even made it to a dinner table on occasion.

### Ingredients

3/4 stick butter  
2 pkgs frozen cheese blintzes  
6 eggs  
1 cup sour cream (or vanilla yogurt)  
2 T sugar  
1 t vanilla  
Pinch of cinnamon

### Instructions

Preheat oven to 350  
Melt butter in 9x13 baking dish  
Spread thawed blintzes in dish  
Beat eggs and the rest of the ingredients, pour over blintzes and butter  
Bake 45 mins to 1 hour

Maybe let it cool down for a few minutes. Serve with your favorite preserves. Also use fruit filled blintzes to kick it up a notch. ■



The Sherwin Miller Museum of Jewish Art's

## Sanditen/Kaiser Holocaust Center

honoring Mildred and Julius Sanditen & Herman and Kate Kaiser

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A Dutch Child's Memories of Nazi Occupation during WWII

Mieke Epps was 5 when the war in Netherlands was officially over. Learn her family's story of Nazi occupation and the famous "Hunger Winter" from Mieke's story and her parents' diary entries.

**Monday, March 8**  
7:00 pm - 8:15 pm

For more information and Zoom link contact Nancy at npettus@jewishtulsa.org



# Homeless in Tulsa

by NANCY ROSEN

## HOMELESSNESS AND ANTISEMITISM CONCERNS THE COMMUNITY RELATIONS COMMITTEE

**E**VEN AS WE turn our attention to helping others, we need to look to our own safety as antisemitism is on the rise. The Unite the Right rally in Charlottesville, Virginia, on August 12, 2017, and the shootings at Tree of Life Synagogue in Pittsburgh's Squirrel Hill neighborhood on October 27, 2018, among other events, have been alarming. We have been comforted by an outpouring of love from many quarters of the non-Jewish community. An overflow crowd mourned with us at a memorial service at Congregation B'nai Emunah after the Tree of Life killings. On January 6, 2021, the U.S. Capitol invasion ratcheted up the situation given that many protesters sported and screamed anti-Jewish slogans--and beliefs. As alarming as the front-page events have been, even more disturbing is the rise of the virulent antisemitism that we don't see, especially if "we" are of a certain age and don't "live" on the Internet. Most of us also don't witness firsthand the antisemitism on college campuses, making it increasingly uncomfortable, not to say frightening, for Jewish students.

We will devote the next CRC Scene to more discussion of antisemitism in the country, the world, our town, and its responses. Meanwhile, it behooves us to keep alert. Good sources of information on what's going on with antisemitism include the JTA news alert (Jewish Telegraph Agency), the Southern Poverty Law Center, and the Anti-defamation League. Read their information online or if you prefer paper, ask someone to sign you up to receive their mailed information; you may need to become a member.

Like so many aspects of our lives, the COVID-19 pandemic has exacerbated situations that were already a challenge. Being homeless is bad; being homeless and sick is worse. Living on the street or in a shelter makes it hard to stay socially distanced and able to wash your hands often. Drive down any major street in Tulsa and you will see people pushing carts with what appear to be their household belongings. It breaks your heart and makes you wonder what is being done about it. The answer is -- a lot. In the *Tulsa World* on December 16, 2020, I read that Becky Gligo will leave City Hall as Director of Housing Policy to become the interim executive director of Housing Solutions, so I decided to check them out online ([HousingSolutionsTulsa.org](https://HousingSolutionsTulsa.org)).

The mission of Housing Solutions Tulsa, which used to be called A Way Home for Tulsa, is "to make homelessness rare, brief, and non-recurring." To do this they work with dozens of partner organizations including Iron Gate, City Lights Foundation, the Zarrow Foundations, the Tulsa Day Center, the Salvation Army, and individual volunteers.

People I have talked to who work in this field identify two general groups of homeless people: the chronically homeless and the "situational" homeless. In the first group, you find many people who are mentally ill and/or addicts. In the second group, you find people who have hit a patch of bad luck such as job loss, death in the family, illness, or the like. Then there are the systemic barriers to getting into a rental. According to a report by Housing Solutions Tulsa, in the Tulsa HUD Metro Fair Market Rent (FMR) area, the FMR for a two-bedroom apartment was \$865 in 2019. A household must earn \$33,680 annually to afford this level of rent and utilities without paying more than 30% of income on housing. Assuming a 40-hour workweek, 52 weeks per year, this income level translates into an hourly [wage] of \$16.19/hour, which is more than double the Oklahoma minimum wage of \$7.25/hour.

Other barriers to getting into a rental house or apartment besides not earning enough each month include not having enough money to pay the first and last month's rent and security deposit that many landlords require or the down payment to start the utilities. The newly housed people may also need the "stuff" we often take for granted, such as linens, pots and pans, toilet paper, and cleaning supplies. (FYI, the Day Center provides move-in baskets to newly-housed people they work with. See their website for details on how you can help.) Still, another problem is that Tulsa does not receive its fair share of federal Continuum of Care Programs (COCs) funding. In 2017, Tulsa received two and a half million dollars compared to a little over eight million dollars allocated to cities of comparable sizes. One more problem facing some people seeking shelter is being addressed by the "ban the box" movement. The box is the box you check on an application form that alerts the potential landlord that you have been convicted of a crime.

All the organizations addressing the homeless realize that landlords also need protection. When they rent to a tenant who has a bad credit history, mental illness, or a prison history, are they taking a risk? Particularly your friends and neighbors who have just one or a few rental properties are limited in their ability to help out because they also have obligations: mortgages, taxes, repair, and insurance. To address this problem, "risk mitigation funds" strategies are actively being sought.

Information is power and it is highly recommended that you keep up-to-date on both the situation of homelessness and antisemitism. Meanwhile, your Community Relations Committee of the Jewish Federation will work to stay informed. ■

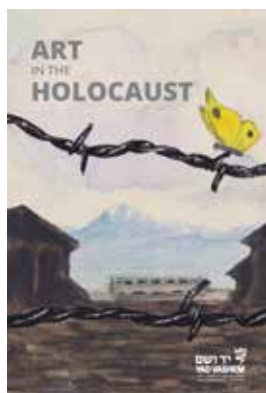


See JFT Happenings  
Pages 5-7



### **Sanditen/Kaiser Holocaust Center**

The Sherwin Miller Museum of Jewish Art Sanditen/Kaiser Holocaust Center doubled the size of the Museum's Holocaust Center space and provided for new state-of-the-art displays, greatly enhancing the Museum's Holocaust education capacity. The new Holocaust Center is the cornerstone of what goes on at The Sherwin Miller Museum of Jewish Art and will continue to bring in new visitors every day to learn why and how the Holocaust occurred and how to make sure it never happens again. The center showcases over 250 artifacts from soldiers and survivors never before seen to the public. The horrifying events are told through the experiences of five Holocaust survivors who made Oklahoma their home. Their first-hand accounts, along with the artifacts and documents, will help you walk into the history and lessons learned during the Holocaust. Also featured in the only Holocaust Center in the region is a one-of-a-kind art installation from local Oklahoma artists. The Museum's Sanditen/Kaiser Holocaust Center honoring Mildred and Julius Sanditen & Herman and Kate Kaiser showcases the effects of hate locally and worldwide.



### **Art in the Holocaust**

Now–May.

This exhibition provides a glimpse into art created during the Holocaust in ghettos, camps, forests, and while in hiding. The artworks reflect the tension between the artists' need to document the terrible events they endured and their desire to break free through art and escape into the realms of beauty, imagination, and faith. This exhibit is from Yad Vashem.



### **Women's Art from the Collection**

Now–Dec.

Although 60 percent of Master of Fine Arts students are women, female artists only make up 30 percent of those shown in galleries. Work by women artists makes up only 3–5% of major collections in the United States and Europe. The SMMJA would like to showcase the women's art we have in our collection as a dedication to promote and collect more Jewish art by women.



### **Reuven Rubin**

Now–Dec.

Reuven Rubin is celebrated as a pioneer in the Israeli art world. Born on November 13, 1893, in Romania, Rubin served as Israel's first ambassador to the country of his birth. His paintings use radiant, earthy colors and simple techniques, reminiscent of the work

of French-Russian artist Marc Chagall, to explore the biblical landscapes of his home in Israel and its folk history. He regularly drew the countryside and people who inhabited it, transforming his observations into more fantastical and dream-like scenes through his unique artistic vision.



### **Sacal: A Universal Mexican, Sculptures by the late José Sacal**

Now–Feb.

José Sacal is undoubtedly one of the most prominent representatives of contemporary sculptural art. Known for his experimentation and freedom, Sacal recognized no boundaries in his sources of inspiration and was not afraid to find new meaning in old forms. Sacal's work has been showcased in more than 40 individual exhibitions and dozens of collaborations in Mexico and around the world. In 2006, he became the first Mexican to have his sculptures permanently displayed in the country of China. Today, more than 20 Sacal sculptures can be found in public spaces across Mexico, Israel, and the United States, including Los Angeles and Washington, D.C. The sculptures featured at the Sherwin Miller Museum comprise two series: The Paraphrase, inspired by distinguished artists like Michelangelo, Frida Kahlo and Picasso, and Characters of Impact, in which Sacal recreates unmistakable historical figures like Einstein and Churchill.



### **Witness: The Art of Samuel Bak**

Now–Apr.

Samuel Bak is an American painter and writer who survived the Holocaust and immigrated to Israel in 1948, but has lived in the U.S. since 1993. Much of Samuel Bak's art is influenced by his experiences of surviving the Holocaust as a child in Vilna, Poland. Bak explains: "I certainly do not make illustrations of things that happened. I do it in a symbolic way, in a way that only gives a sense of a world that was shattered."





## Temple Israel

### Young Adult Happy Hour on Zoom

Wed., Feb. 3 • 5:30 p.m.

Young adults are invited to attend "Virtual Happy Hour." Just grab your favorite beverage, login, and we'll chit-chat away!

### Hot Topics with Rabbi Weinstein on Zoom

Thurs., Feb. 4, 11 & 18 • 2 p.m.

Join us as we continue our weekly learning series exploring some of those hot topics which continue to come up in our lives. Some topics include abortion, euthanasia, capital punishment, and the ethics of war.

### Shabbat Learning Through the Ages on Zoom

Sat., Feb. 6 • 10:30 a.m.

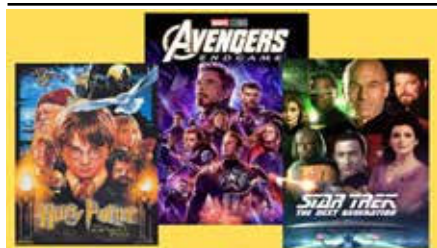
Borrowing from our Temple Israel monthly Shabbat morning experience, we will join to study and learn from one another. We will explore Torah and Traditional Rabbinical texts based on themes of this week's Parsha, Torah Reading.



### Brotherhood Virtual Breakfast on Zoom

Sun., Feb. 7 • 10 a.m.

Log on & tune in together with Temple Israel Brotherhood for a virtual breakfast from the comfort of your own home. Our guest speaker will be Dr. Lynn Frame, MD JD. Dr. Frame is past president of Tulsa County Medical Society and the Tulsa County Medical Society Foundation's current president.



### Sunday Movie Series with Jesse Ulrich & Rabbi Kowalski – Parts two, three & four

Sun., Feb. 7, 21 & 28 • 7 p.m.

Zoom in with Jesse Ulrich for a Sunday Movie Series "Where Are The Jews?" exploring Jewish representation and perspective (or lack thereof!) in fantasy and science-fiction cinema.

### Tot Shabbat on Zoom

Fri., Feb. 12 • 6 p.m.

Join us as we turn our youth lounge into a sacred space for our young families with songs, prayers, and a story with our short monthly Tot Shabbat Service.

### Shabbat Service w/Torah and Reading Partners on Zoom & Facebook Live

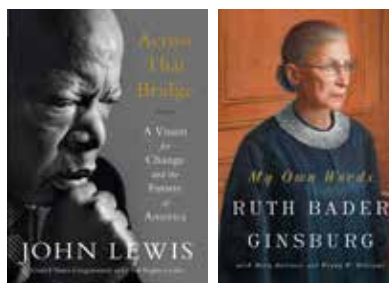
Fri., Feb. 12 • 7:30 p.m.

Temple Israel is proud to participate in the Reading Partners program. Zoom in and learn more as we honor this relationship and the work being done in our community.

### Zamru L'Shabbat Drive-in Service

Fri., Feb. 19 • 6 p.m.

Join Cantor Weinstein and Eliyahu's Minor Prophets as we welcome Shabbat with a joyous and musical celebration.



### Book Club with Rabbi K. on Zoom

Mon., Feb. 22 • 7 p.m.

Rabbi K. hosts a virtual Book Club as we discuss the novels "Across That Bridge" by John Lewis and "My Own Words" by Ruth Bader Ginsburg. Choose one great read or both! RSVP@templetulsa.com for the Zoom link.

### Purim Spiel on Zoom

Thurs., Feb. 25 • 7:30 p.m.

Zoom in for Temple Israel's spirited Purim Spiel! Join Cantor Weinstein and a talented Purim cast of characters as we tell the story of *Pandemic in Persia*!

### Shabbat Service w/Torah on Zoom & Facebook Live

Fri., Feb. 26 • 7:30 p.m.

Join the Temple Israel Clergy Team as we welcome in Shabbat with the chanting of Torah.

### Temple Israel's Havdalah with Cantor Laurie Weinstein & Cantorial Soloist Jenny Labow on Facebook Live

Sat., Feb. 27 • 6:30 p.m.

Join your Temple Israel Music Team as we separate the sacred from the sublime and begin the week anew. They will offer the prayerful songs of Havdalah and their soulful music of the new week.



### Shorashim Purim Shenanigans

Sun., Feb. 28 • 11 a.m.

PreK-3rd grade can tune in and sing along as we welcome Jason Mesches back to Temple Israel in a delightful concert on Zoom; for our 4th-7th graders we are excited to present the Bible Players Improv & Comedy Show.



### Open Forum with Rabbis

Every Fri. • 11 a.m.

Every Friday Rabbis Fitzerman and Kaiman convene a weekly conversation to reflect on pertinent topics of the day, interview special guests, and talk about ideas relevant to Synagogue life. This month, we'll welcome Dr. Jennifer Airey speaking about *Bridgerton* on February 12; Rabbi Eliav Bock discussing Jewish Summer Camp on February 26. Join us in our Synagogue Zoom Room, Meeting ID: 918 583 7121.

### Panim el Panim Shabbat Morning Services

Every Sat. • 10 a.m.

Our tradition speaks of a special power that exists when a group of people gathers together for prayer. "Panim el Panim" is a live broadcast service led by Rabbis Kaiman and Fitzerman. Rooted in our in-person Shabbat morning service, we spend time singing, reflecting, studying Torah, and connecting. To take part in this experience, join us in our Synagogue Zoom Room, Meeting ID: 918 583 7121.

### Shabbat Together

Fri., Feb. 5, 12 and 19 • 6 p.m.

As days and weeks go by, we are invited to pause, reflect, and enjoy time together. "Shabbat Together" is a short, digital gathering where we take a few moments to connect with community as we enter Shabbat. The gathering begins at 6:00 p.m. A weekly Yahrzeit service precedes this experience at 5:45 p.m. We conclude everything in time for you to enjoy a Shabbat meal at home. Synagogue Zoom Room, Meeting ID: 918 583 7121.

### Women's Wellness Retreat

Fri. and Sat., Feb. 5-6

Join Synagogue Artist-in-Residence, Happie Hoffman, and Morah Sara Levitt for a weekend of reflection, learning, and growth. The topic for this weekend retreat is wellness and throughout the weekend participants will be invited to consider how we take care of ourselves in the midst of all that swirls around us. For more information, visit the Synagogue website or contact Happie or Sara.



### Purim at the Synagogue

Thurs. and Fri., Feb. 25-26

We're ready to turn the world upside down! This holiday invites us to see the world both as it is and as it could be. Throughout a series of events and programs we'll use new and ancient forms of celebration to share in the story of Esther and imagine the world in an entirely new way. For full details about the variety of programs unfolding over these days, please visit the Synagogue website: [www.tulsasynagogue.com](http://www.tulsasynagogue.com).

# The History of Passports

by © PHIL GOLDFARB

**T**HE EARLIEST KNOWN reference for a travel document is found in the Old Testament-Nehemiah 2:7-9 dating back to 450 BC. (Yes, a Jew held the very first “passport!”) Nehemiah, an official and royal cup-bearer serving King Artaxerxes I of Persia, asked for leave to travel to Judea. The King granted leave and gave him a letter “to the governors beyond the river” requesting safe passage for him as he traveled through their lands. Nehemiah went on to become the Governor of Persian Judea with a mission to rebuild the walls of Jerusalem. At the time, he carried letters explaining the King’s support for this venture and provision for timber from the King’s forest.

King Henry V of England is credited with inventing the first true passports or “safe-conduct documents” for his subjects to prove who they were while traveling in foreign lands. Mention of this is found in the 1414 Act of Parliament. By 1540, granting travel documents became the Privy Council of England’s role, and the term “passport” began its routine use.

The term “passport” is derived from the medieval document required to pass through (French “passer” to enter or leave) the gate or “porte” (“portes” in French) of a city wall or pass through a territory and is not derived from “passing through” a port. Ironically, documents were not required for travel to seaports, which were considered open trading points, but papers were required to travel inland from the seaports.

The very first American passports were issued during the American Revolution to a small number of citizens who were part of Benjamin Franklin’s mission to France. In fact, Franklin used his own printing press to make a passport for himself when he was the American Minister to France! They were simply a sheet of paper that had a printed description of the bearer on one side and were renewed at least once every six months. The Foreign Affairs Department was put in charge of issuing passports to all Americans going abroad, and, in September 1789, the Department of Foreign Affairs became the State Department.

Since 1789, the U.S. government has over the years issued passports to American citizens through various agencies such as state, local, notaries public, and judicial authorities. On Aug. 23, 1856, Congress passed an Act enabling the Department of State to be the sole agency to issue passports.

Before the booklet type, early passports looked like a high school diploma, typically 11 x 17 inches in size with the State Department’s seal engraved on the top and set in red wax. There was a bearer’s description and signature on the left-hand side with space for additional information such as inoculations, family members, or servants traveling with them.

Initially, immigrants did not need a passport to immigrate to America or return to their home country to bring back relatives to the United States. Passports were obtained by U.S. citizens, whether newly naturalized or not, to protect themselves from being detained in other countries or, if naturalized, from their own mother countries, as some European countries were known to draft immigrants visiting their homeland into the military. The passport was used to prove citizenship and protect the traveler.

The earliest U.S. passport applications were generally handwritten letters, but by the 1860s most were submitted on a printed form. The State Department issued passports without a charge until July 1, 1862, when a fee was instituted.

There were a variety of passport application forms used throughout the years. By 1888 there were separate forms for native citizens, naturalized citizens, and derivative citizens (children who became citizens through their parent’s naturalization). Freed blacks were not guaranteed the same passport privileges as those of whites until ratification of the 14th amendment in 1868.



1800s U.S. Passport



U.S. Passport covers from early 1900s to present

Oddly enough, while most European nations required American citizens to have passports to get in, the U.S. never required people to have one to get in or out. For the most part, passports were not required of U.S. citizens for foreign travel until WWI, although mandatory during the Civil War, WWI, and after 1941. An Executive Order by President Woodrow Wilson in 1915 and later the Travel Control Act passed by Congress on May 22, 1918, established the passport requirement for citizens traveling abroad during the time of war lasting for as long as two years. The law lapsed with the termination of WWI and was not strictly enforced. In fact, anyone could enter the U.S between 1921-1941



without a passport. With the onset of WWII in 1941, the Congressional Act of 1918 was reinstated requiring U.S. citizens to carry a passport for foreign travel as it is today.

To receive a passport, the person had to submit proof of U.S. citizenship in the form of a letter by affidavits of witnesses or a clerks' or notary's certificate. Passports themselves changed in 1915 with the addition of a photo of the applicant, and it became a two-page document.

In the first decade of the 20th century, Russia did not honor passports from American Jews, while single women were not allowed to carry their own passports until 1920. Married women could not apply for passports without the addition of the husband's name until the 1930s.

The modern Passport book type III was issued beginning in 1926 and standardized by the League of Nations. It had a stiff red cover with a small slot that showed the holder's passport number and contained 32 empty pages for customs officials to stamp a seal as the holder entered the country. After the original color red, the passport books changed to green and then to the current color blue. Passport length extended to three, five, and eventually ten years, which is the standard today.

How prevalent are passports? In 2019 (before COVID-19), there were 20,690,491 passports issued. The passport possession rate of the United States is now approximately 42% of the population, or 136 million U.S. citizens currently hold a passport.

*Phil Goldfarb is the president of the Jewish Genealogical Society of Tulsa and can be e-mailed at phil.goldfarb@cox.net. ■*



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# Celebrate the month of love and friendship with **Free Friend Fridays!**

**CSJCC Members - for the month of February bring a friend to work out with you on Fridays for FREE!**

Your friend will fill out paperwork at the JCC front desk. You are welcome to bring the same friend or a different friend each Friday. Questions- contact Hannah at 918-495-1111

+1



## **Fitness Instructor Spotlight**



Tricia at the Triathlon World Championship in Rotterdam a few years ago. Tricia and her daughter were on the USA team.

**T**ricia Cadenhead is a Personal Trainer specializing in static contraction weight training. Static contraction exercises, also known as isometric strength training, are contractions of a particular muscle for an extended period of time. Simply put, an isometric exercise is one that involves muscle engagement without movement. Tricia takes her clients through several of the weight machines at JCC while they perform a static hold for 30 seconds.

In static positions like these, the muscle fibers are activated, but since there are equal forces against each other, there is no movement.

### **How can you benefit from isometric exercises?**

As you get older, you lose muscle tone and flexibility, but regular isometric exercises can allow you to maintain your muscle strength. In fact, isometric exercises are a necessary kind of strength training for an older person who would like to stay healthy and mobile and for everyone else who would want to avoid muscular decline.

Including isometric exercise in your training routine has the dual benefit of injury prevention and strength building. If you have or have had damaged muscles in your lifetime, this method can help you to rehabilitate your injury and reduce recovery time of your muscles.

Tricia holds ACE Personal Trainers Certification, USAT Level 1 Triathlon Coach and a Precision Nutrition Level 1 certification.

Tricia can be contacted at: 918-625-6385



# Dream It, Define It, Do It at Mizel

by JANET DUNDEE

**M**IZEL JCDS DIRECTOR, Tom Padalino, talks the talk and walks the walk. According to Tom, today's buzz words for education are Rigor, Relevant and Relationships, and Tom has instituted all three R's at Mizel School.

With the help of Federal grants, Tom has hired Denise White to work with Mizel teachers to develop an updated curriculum, which has as part of its basis – Rigor, Relevant and Relationships. Ms. White works around the country as an education consultant and is co-author of "Ready-To-Go Instructional Strategies That Build Collaboration, Communication and Critical Thinking."

Tom declares: Dream It, Define It, Do It.

So, three R's. What are they and how do they work in the new atmosphere at Mizel school?

Rigor arises from what students do. Rigor is individual to each student's needs. It is measured by the depth of understanding and ends with the student being challenged to think in new and interesting ways. Tom says: "Let's find out what we don't know and then think collectively to find the answers. Let's foster the love of learning at Mizel JCDS."

Then Tom moves on to the "R" in Relevant.

Start with a real-world problem, which gives students purpose in their lives. Haven't we all heard (or even said to ourselves): "Why do I need to learn this algebra stuff? I won't use it later on!" Oh yeah? Tom would have a teacher invite a guest to meet with the students who eventually used those algebra lessons in his/her life's profession. Students talk with their teacher and the guest about how to make real-world connections to what they are learning. Now students talk the talk and walk the walk!

Maybe it's a field trip based on educational objectives. Or how about starting with a problem which arises in students' lives. "Let's do some hands-on learning," Tom says. "Let's go to source material, to simulations to research this problem." At the end of the day, students are rewarded with incentives like displaying their work, having competitions, or posting pictures of the student's work on the Mizel JCDS Facebook page.

That goal is active at the school right now. The new STEM program, brought to the school by Heritage Academy graduate and Mizel board member Sarah Woller, is integrating Science, Technology, Engineering and Math, with a twist of Judaic studies and a heaping spoonful of Israeli pride. These initiatives will be school-wide, currently emphasized in Kindergarten and First grades. Keep an eye out for Mizel's pictures of the Mobile Innovation Station visiting a Mizel student near you!

Northeastern State University is just the first of several generous collaborators with the desire to bring innovation to early childhood education. NSU graduate students Ashley Long, Mackenzie Bonnewitz, and Sarah Woller are working heavily with teachers to curate interactive STEM lessons.

Gabriel Torianyk will bring technology to life through coding, typing, and project learning with the Mizel students. Mizel believes in the importance and impact of an interactive learning environment enriched with deep scientific roots.

Innovation is at our fingertips, and Mizel teachers and volunteers can't wait to turn heads as we SPRING into our 2021 semester.

Turning to the last R, Relationships, Tom will tell you it is the basis of support to learning. Students become participants in the learning process. Their relationships with teachers, siblings, mentors, and role models become real to them in the classroom. Relationships encourage participation, provide recognition, help the students feel cared for and safe, and foster motivation. Tom recognizes that relationships change as students age. Programmatically, the curriculum at Mizel school is defining and creating an environment which promotes social-emotional learning. Years from now here's what students will be saying about their education at Mizel JCDS:

"...(I) wasn't just a number or statistic, but someone who was cared for." -- Ari Prescott

"My time at Heritage Academy (Mizel) contributed to my strong, life-long Jewish identity." -- Mike Hurewitz

"I am a lot more knowledgeable on Judaism and Jewish traditions than most people I know...learning at such a young age about a different religion really shaped me to be who I am today...I hold a special place in my heart for everyone at Mizel."  
-- Peyton Smith

Want to know more about the three R's at Mizel? Contact Mizel JCDS Director Tom Padalino at 918-494-0953. ■



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***"ANTISEMITISM IS A CERTAIN PERCEPTION OF JEWS, WHICH MAY BE EXPRESSED AS HATRED TOWARDS JEWS. RHETORICAL AND PHYSICAL MANIFESTATIONS OF ANTISEMITISM ARE DIRECTED TOWARD JEWISH AND NON-JEWISH INDIVIDUALS AND/OR THEIR PROPERTY, TOWARD JEWISH COMMUNITY INSTITUTIONS, AND RELIGIOUS FACILITIES."***

FOR MORE INFORMATION OR TO GET INVOLVED, CONTACT CHARLOTTE SCHUMAN AT  
WOLENSSCHU@GMAIL.COM



## Simone Downs

Simone arrived in Tulsa in October to begin her post-grad career with a Tulsa Service Year Fellowship. Having studied Public Policy & International Affairs at Princeton University, she is excited to be working with the Mayor's Office on housing policy.

Since moving from Philadelphia, she has loved exploring all that downtown Tulsa has to offer. The Riverwalk trails and farmer's market are some of her favorite spots so far. She enjoyed watching local artists perform in Tulsa's Arts in the Air program and hopes to explore more of the future arts & music scene.

The programming for Jewish young adults has been a big highlight of her time in Tulsa, particularly the Bend & Brew event that served as her intro to the Tulsa Jewish community. Tulsa Tomorrow has been a huge support system throughout her move and she looks forward to getting to know more of the Jewish community during her time here. ■



## Drew Farber

Hello there,

My name is Drew Farber. I was born and raised in a suburb of Philadelphia, where I grew up cheering for the Flyers, Eagles, and Phillies. In 2016, I graduated from Brandeis University (I know there are a couple of Brandeisians in Tulsa) with a Bachelor's Degree in Computer Science.

I moved to Tulsa at the beginning of November 2020 for work. I work for Hilti as a Logistics Specialist in our Tulsa Operations Center.

Although moving in the midst of a pandemic wasn't ideal, Tulsa has been very welcoming. I'm looking forward to everything that Tulsa has to offer. I'm always looking for new places to explore! Luckily, I've been able to explore some of Tulsa already, including The Gathering Place, Cherry Street, Utica Square, and Blue Dome District areas. On top of that, I'm a big foodie, so you'll definitely catch me trying new restaurants each week. Being the hockey fan that I am, I'm hopeful that I'll get the chance to attend an Oilers game in 2021. ■

## Ethan and Matthew Jones

Ethan and Matthew Jones have returned home to Tulsa after a dozen years living in Portland. Ethan is a writer, and he's got several projects in the works right now, including a humorous science fiction novel that will see the light of day by the end of 2021. Ethan is the son of Evelyn and Roy Jones. He grew up in the Tulsa Jewish community, and he's excited to get involved again. Tulsa is home, and after a dozen gray and rainy Pacific Northwest winters, Ethan is glad to be back.

Matthew is a research data analyst with a non-profit healthcare technology cooperative called OCHIN. He's a singer who looks forward to getting involved in the musical life of Tulsa. Matthew grew up in rural Oklahoma and met Ethan in Tulsa in 2003 doing volunteer work on Howard Dean's presidential campaign. After a 2007 commitment ceremony at Temple Israel, they were later married in California. Matthew is glad to be home and is looking forward to seeing his friends and family when it's safe to do so again.

Ethan and Matthew have a 17-year-old youngling named CJ, and they're looking forward to introducing CJ to their hometown and community. ■



# Donation Drive

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- Crossword puzzles
- Coloring books
- Word searches
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## THANK YOU TULSA!

Your continued support made it possible to bring the prestigious 2021 Sundance Film Festival to Circle Cinema - we couldn't have done it without you.

We look forward to bringing more great films and events to Tulsa in 2021 and hope you will join us - presenting these events safely is always our top priority.

For info on COVID-19 Safety Protocols, upcoming films, and more:  
CircleCinema.org | 918.585.3456 | 10 S. Lewis Ave, 74104



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**Circuit Training Class** - Tuesdays/Thursdays 9-10 AM

**Barre Belles** - Tuesdays/Thursdays 10-11 AM

**Midweek Movement** - Wednesdays 9-10 AM

**Tap 'N Tone** - Wednesdays 10-11 AM

**Spin** - Tuesdays/Thursdays Noon-1 PM and Fridays 10:30-11:30 AM

**Jukebox Jams** - Fridays 9-10 AM

**Bootcamp** - Wednesdays/Fridays Noon-1 PM

For class descriptions visit <https://csjcc.org/fitness-schedule/>

## JCC HOURS OF OPERATION:

Mon – Thurs \_\_\_\_\_ 6:00 a.m.—9 p.m.

Friday \_\_\_\_\_ 6:00 a.m.—5 p.m.

Saturday \_\_\_\_\_ Noon—5 p.m.

Sunday \_\_\_\_\_ 9 a.m.—5 p.m.



## Massage Therapy at the JCC



**R**ichard Hughes is a licensed massage therapist. He is a lifelong Tulsan and has been practicing massage for 30 years. Richard has been located at the Charles Schusterman JCC for over six years.

Massage is a great way to help relax and rejuvenate your body, whether you have an injury or are just interested in self-care.

Richard offers a variety of massage types that can be customized to fit your needs.

- Swedish massage - soothing strokes and kneading muscles to relax muscles and alleviate stress
- Deep-tissue massage - deep strokes and firm pressure to work out the knots in stressed, overworked muscles and connective tissue (fascia), to alleviate immediate pain, as well as chronic joint and muscle pain. It also promotes faster healing by increasing blood flow and reducing inflammation.
- Hot Stone massage - application of heated, smooth stones to loosen muscles and tension

Each type of massage can include relaxing music, soft lights, moist heat, cold therapy, and other modalities when appropriate.

Richard can be reached via call or text at 918-519-5014.



# How to Form a Chain of Kindness?

by ALIN AVITAN

*Act generously. Spread positivity. Give back.*

**M**IZEL JCDS is taking the lead to build a “Chain of Kindness” from Tulsa, Oklahoma, to Dvorat Hatavor, located in Moshav Shadmot Dvora in the lower Galilee, Israel. This unique visitors’ center has been hard hit by the COVID-19 pandemic and our students will help this center recover from its almost total loss.

The Ben Zeev family has spent 28 years building their honey and silk business. Hosting tours of their farm, teaching lessons on beekeeping and producing silk, the family harvests honey for its product, Royal Jelly, which is known to have healing capacities.

Hundreds of visitors have walked their center, appreciating how people benefit from nature. Visitors have purchased the center’s agricultural products and experienced an amazing, uplifting opportunity to see this family’s dedication to entrepreneurship developed in the land of Israel.

In honor of Tu Bishvat, Mizel students and the religious school students at Congregation B’nai Emunah and Temple Israel will create a Chain of Kindness with the Ben Zeev family by purchasing, planting, and growing recycled seed greeting cards. In spring, all students will take virtual tours of the Dvorat Hatavor center, learning through an interactive Skype/Zoom how bees make honey and how worms make silk.

The purchase of the seed greeting cards and fees for these virtual tours will contribute to this Israeli family’s ability to recover from the desperate loss of business. Students will be able to see their seeds grow into flowering plants. Students will get a close-up look at beehives and how beekeepers make delicious honey. It is hoped that our students will spread the delicious honey on apples or challah and literally taste Israel right here in Tulsa.

If you want to support building this Chain of Kindness between our students and the Ben Zeev family, pick up the phone and call Alin Avitan, Hebrew/Jewish Studies teacher at Mizel JCDS, at 918-855-6050. Ask Alin about the various opportunities to be a part of this good deed.

You can contact Malka Ben Zeev at [Bee@tour-galilee.co.il](mailto:Bee@tour-galilee.co.il).

Join the children of Mizel, Congregation B’nai Emunah, and Temple Israel, along with the Jewish Federation, to build a Chain of Kindness and help repair our world. ■



Three generations of the Ben Zeev family in beekeeper uniforms meeting with the President of Israel, Reuven Rivlin.



**Enrolling for in person classes,  
Pre-K through 5th grade.**

Call Tom Padalino, Director,  
at 918-494-0953 to schedule a tour.



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# Purim 5781 for Everyone at Temple Israel

## Pandemic in Persia - Zoom Spiel

You are welcome to join this goofy, socially-distant celebration of Purim. Watch as our Temple Israel family presents this Zoom-style Spiel for a modern take on an ancient story. The fun for all ages celebration begins on Thursday, **February 25, 2021, at 7:30 p.m.**

## Shorashim Shenanigans - Shorashim Celebrates Purim!

Welcoming special guests Jason Mesches and The Bible Players!

The pandemic has made it possible for us to bring in talent from across the country at a moment's notice, and there is no better time to enjoy that than Purim. For a safe and special virtual Purim celebration this year, Temple Israel and Shorashim are excited to welcome some very special guests.

On **Sunday, February 28 at 11 a.m. on Zoom** (of course), Temple Israel and Shorashim will host two programs simultaneously:

- Our pre-K through 3rd-grade students will enjoy a fabulous concert with artist **Jason Mesches**. Jason has performed in Tulsa both in person and on Zoom, and we love welcoming him back! An engaging performer and a mensch of a person, Jason will be joining us from his home in Los Angeles, CA.
- Our 4th through 7th graders will experience "Esther to the Rescue: A Purim Comedy Show" by **The Bible Players**. Aaron and Andrew are an improv and comedy duo who have performed across the nation. Their programs always feature interactive activities that keep everyone engaged and excited - from games like "Haman says" to "Who is Mordechai?" no one will be sitting still for long. Straight from the Big Apple, The Bible Players will be coming to us live from New York on a Sunday morning.

Email [RSVP@templetulsa.com](mailto:RSVP@templetulsa.com) or contact the Temple Israel office at 918-747-1309 for Zoom links.

Chag Purim Sameach. ■

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JEWISH REPRESENTATION AND  
PERSPECTIVE IN FANTASY & SCI-FI CINEMA

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Please join **Jesse Ulrich and Rabbi Kowalski** (on Zoom of course!) for a 4-part series (skipping 2/14) exploring Jewish representation and perspective (or lack thereof!) in fantasy and science-fiction cinema. We will be discussing Harry Potter, Marvel's Avengers & Star Trek: The Next Generation series and many others!

**RSVP@TEMPLETULSA.COM**  
(for Zoom information)

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Read one, or the other, or both - your choice!  
Come prepared to discuss the on-going importance of activism and engagement in our community and our nation. We will learn at the feet of these giants and strive to walk in their ways.

**RSVP@TEMPLETULSA.COM  
FOR ZOOM LINK**



# Two Rabbis and...at the Synagogue

SPECIAL TO THE REVIEW

Since the beginning of last year, the rabbis of The Synagogue, Marc Fitzerman and Dan Kaiman, have been convening on Friday mornings to interview notable guests on the issues of the day. The conversations have been a serious effort to look at public health, social justice, sustainability, literature, popular culture, and the arts. Drs. Bruce Dart and John Schumann were featured guests in January, and the weekly session draws a diverse and interesting crowd.

The series continues in February with several new guests in forty-five-minute segments:

**The Future of Circle Cinema with Clark Wiens** | February 5 at 11:00 a.m.

Thanks to the restrictions of the pandemic, it feels as if movie-going may have changed forever. Will we ever gather again for in-person cinema, sitting side-by-side with our neighbors and friends? Even if people are ready to leave home again, what does the movie-industry have in mind for our collective future? In the case of our beloved Circle Cinema, what are the public responsibilities of a not-for-profit community art house?

**Bridgerton with Dr. Jennifer Airey** | February 12 at 11:00 a.m.

Based on the eight-novel series by romance writer Julia Quinn, the television version imagines a counter-factual world where Black and White English aristocrats love, fight, and scheme on an egalitarian playing field. What does Shonda Rimes mean to convey in this work? Is it art, entertainment, or something in-between?

**The Jewish Summer Camp Experience with Rabbi Eliav Bock** | February 26 at 11:00 a.m.

Camping for Jewish kids flourished in the United States for unique and powerful reasons. Has camp supplanted the traditional forms of Jewish education? What place do the Ramah camps occupy in this national phenomenon? How has camping influenced the progressive Jewish world of which we are a part?

New guests are announced as they are booked. All are invited to the Synagogue Zoom Room at 918 583 7121. Security precautions are always in place to screen the audience in advance, but no advance registration is necessary. ■



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# VIRTUAL TOUR

## TO THE DEAD SEA AND KIKAR SEDOM

**SUNDAY  
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at [Emissary@jewishtulsa.org](mailto:Emissary@jewishtulsa.org)*